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ACADEMIC DEVELOPMENT

Academic Confidence

- 1 Demonstrate classroom behaviors for academic success. 3-5.1
- 2 Identify and demonstrate the skills needed to be an independent learner. 3-5.2
- 3 Work through academic challenges, demonstrating resilience and perseverance. 3-5.3

Goal Setting

- 4 Establish achievable academic goals. 3-5.4
- 5 Use problem-solving and decision-making skills to achieve academic goals. 3-5.5
- 6 Track assessment results to monitor their own academic growth. 3-5.6

Academic Skills

- 7 Practice time management and task management strategies. 3-5.7
- 8 Work collaboratively in academic and social settings. 3-5.8
- 9 Use developmentally appropriate critical thinking and problem-solving skills. 3-5.9
- 10 Apply study skills and test-taking strategies. 3-5.10
- 11 Identify personal strengths to enhance learning opportunities. 3-5.11

Lifelong Learning

- 12 Identify new grade level expectations and skills each year, including classroom behavior, academic achievement, and peer collaboration in the classroom. 3-5.12
- 13 Explain how school success and academic achievement impact future career opportunities. 3-5.13
- 14 Identify opportunities to enhance learning within the school and community. 3-5.14

CAREER DEVELOPMENT

Career Awareness

- 15 Describe personal abilities, skills, interests, and motivations related to potential career interests. 3-5.15
- 16 Participate in career awareness activities. Examples: complete career interest inventories, attend career-themed events 3-5.16
- 17 Explain how interests and skills relate to career options. 3-5.17

- 18 Identify and describe how their individual interests, work values, and/or skills align with specific types of careers. 3-5.18
 - 19 Describe skills needed for success in school and future careers. 3-5.19
 - 20 Describe personal, ethical, and work skills needed for success in school and future careers. 3-5.20
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Career Goals

- 21 Explain the relationship between educational achievement and career success. 3-5.21
 - 22 Explain how work can help to achieve personal success and satisfaction. 3-5.22
 - 23 Identify jobs associated with the career clusters, as shown in the Alabama Career Development Model. 3-5.23
 - 24 Describe how careers differ in terms of workplace settings and requirements. 3-5.24
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Career Exploration and Planning

- 25 Relate current student learning to each of the career clusters. 3-5.25
 - 26 Investigate the knowledge and skills workers need in various careers. 3-5.26
 - 27 Utilize employability skills, including teamwork, problem-solving, and organizational skills. 3-5.27
 - 28 Utilize search engines and other media sources for career planning to discover career options. Example: Alabama Career Planning System 3-5.28
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FOUNDATIONAL WELLNESS

Interpersonal Skills

- 29 Distinguish between appropriate and inappropriate behavior for various settings. 3-5.29
 - 30 Demonstrate teamwork and cooperation in group settings. 3-5.30
 - 31 Describe and respect differences among individuals. 3-5.31
 - 32 Utilize effective communication skills in social and academic settings. 3-5.32
 - 33 Demonstrate empathy and the ability to understand the perspective of others. 3-5.33
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Problem-Solving and Decision-Making

- 34 Identify the steps of the decision-making and problem-solving processes. 3-5.34
 - 35 Demonstrate healthy coping skills for dealing with problems. 3-5.35
 - 36 Discuss the influence of peers on behavior. 3-5.36
 - 37 Identify alternative ways of achieving goals. 3-5.37
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Character Development

- 38 Demonstrate positive character traits. 3-5.38

- 39 Describe the importance of growth and change. 3-5.39
 - 40 Identify and implement methods of effective self-regulation. 3-5.40
 - 41 Identify their own personal traits, strengths, and limitations. 3-5.41
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Personal Responsibility

- 42 Describe reasons and strategies to protect personal information, including online. 3-5.42
- 43 Describe how rules and laws protect the rights and safety of individuals. 3-5.43
- 44 Explain the difference between safe and unsafe physical contact. 3-5.44
- 45 Differentiate between situations requiring peer support and situations requiring adult help. 3-5.45
- 46 Differentiate between healthy and unhealthy behaviors, identifying their effects on the body. 3-5.46
- 47 Identify the physical signs of stress. 3-5.47
- 48 Identify ways personal responsibility impacts self and others. 3-5.48