

6-8

ACADEMIC DEVELOPMENT

Academic Confidence

- 1 Develop personal responsibility for academic success. 6-8.1
 - 2 Apply skills for independent learning. 6-8.2
 - 3 Develop self-advocacy and initiative in learning. 6-8.3
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Goal Setting

- 4 Develop academic goals and monitor progress toward achieving them. 6-8.4
 - 5 Develop a personal education plan of study. 6-8.5
 - 6 Analyze assessment results to inform academic planning. 6-8.6
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Academic Skills

- 7 Utilize time management and task management skills. 6-8.7
 - 8 Exhibit skills needed to contribute effectively to collaborative projects and activities. 6-8.8
 - 9 Demonstrate critical thinking and problem-solving skills. 6-8.9
 - 10 Implement study skills and locate academic resources when needed. 6-8.10
 - 11 Use personal strengths to develop a personal education plan of study. 6-8.11
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Lifelong Learning

- 12 Identify new skills needed for each year of academic progression. 6-8.12
 - 13 Explain how school success prepares them to transition from student to productive adult. 6-8.13
 - 14 Explain how participation in co-curricular and/or community activities enhances learning. 6-8.14
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CAREER DEVELOPMENT

Career Awareness

- 15 Locate, evaluate, and interpret career information related to potential careers. 6-8.15
- 16 Research and identify competencies and skills needed for career options. 6-8.16
- 17 Identify hobbies and interests that promote work-life balance. 6-8.17
- 18 Explain the importance of the connection between career and civic engagement, including service learning and/or volunteer opportunities. 6-8.18

- 19 Identify options for fulfilling college and career readiness graduation requirements. 6-8.19
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Career Goals

- 20 Interpret the relationship between educational achievement and career success. 6-8.20
- 21 Identify personal preferences and interests influencing career choices. 6-8.21
- 22 Develop and maintain a personal education plan of study. 6-8.22
- 23 Correlate career choices with earning potential. 6-8.23
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Career Exploration and Planning

- 24 Utilize problem-solving and organizational skills. 6-8.24
- 25 Describe how jobs are changing and what skills people will need to succeed in the future. Examples: emerging careers, decline of some professions, applications of technology 6-8.25
- 26 Enhance work ethic and employability skills, including responsibility, time management, dependability, and punctuality. 6-8.26
- 27 Complete a personal education plan of study and career interest inventories as part of the career planning process. Example: Alabama Career Planning System 6-8.27
- 28 Identify career clusters and academic courses that align with their career interests and goals. 6-8.28
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FOUNDATIONAL WELLNESS

Interpersonal Skills

- 29 Demonstrate behaviors that support academic and social success. 6-8.29
- 30 Apply teamwork skills in group settings. 6-8.30
- 31 Explain the positive contributions made to society by individuals. 6-8.31
- 32 Display respect for different points of view. 6-8.32
- 33 Display active listening and empathy. 6-8.33
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Problem-Solving and Decision-Making

- 34 Evaluate the possible consequences of decisions and choices, and implement strategies to resolve problems. 6-8.34
- 35 Differentiate between healthy coping skills and those with adverse effects. Examples: exercise versus vaping, conflict resolution versus fighting 6-8.35
- 36 Demonstrate healthy ways to address the impact of peer pressure. 6-8.36
- 37 Develop an action plan to set and achieve realistic goals. 6-8.37
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Character Development

- 38 Explain the importance of showing positive character traits. 6-8.38
- 39 Discuss ways personal and social roles change as an individual increases in age. 6-8.39

- 40 Discuss how one's ability to self-regulate can impact others. 6-8.40
 - 41 Engage in activities aligned with their personal traits and strengths. 6-8.41
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Personal Responsibility

- 42 Explain the importance of making safe choices online, including social media and gaming platforms. 6-8.42
- 43 Identify the consequences for failing to follow rules and laws. 6-8.43
- 44 Explain personal boundaries, rights, and safety needs. 6-8.44
- 45 Identify and demonstrate ways to advocate for self and others. 6-8.45
- 46 Explain the detrimental emotional and physical effects of substance use and abuse. 6-8.46
- 47 List techniques for managing stress and conflict. 6-8.47
- 48 Exhibit personal responsibility through actions. 6-8.48