Alabama School Counseling Program Standards for Students

6-8

ACADEMIC DEVELOPMENT

Academic Confidence

1 Develop personal responsibility for academic success. 6-8.1

2 Apply skills for independent learning. 6-8.2

3 Develop self-advocacy and initiative in learning. 6-8.3

Goal Setting

4 Develop academic goals and monitor progress toward achieving them. 6-8.4

5 Develop a personal education plan of study. 6-8.5

6 Analyze assessment results to inform academic planning. 6-8.6

Academic Skills

7 Utilize time management and task management skills. 6-8.7

8 Exhibit skills needed to contribute effectively to collaborative projects and activities. 6-8.8

9 Demonstrate critical thinking and problem-solving skills. 6-8.9

10 Implement study skills and locate academic resources when needed. 6-8.10

11 Use personal strengths to develop a personal education plan of study. 6-8.11

Lifelong Learning

12 Identify new skills needed for each year of academic progression. 6-8.12

13 Explain how school success prepares them to transition from student to productive adult. 6-8.13

14 Explain how participation in co-curricular and/or community activities enhances learning. 6-8.14

CAREER DEVELOPMENT

Career Awareness

15 Locate, evaluate, and interpret career information related to potential careers. 6-8.15

16 Research and identify competencies and skills needed for career options. 6-8.16

17 Identify hobbies and interests that promote work-life balance. 6-8.17

18 Explain the importance of the connection between career and civic engagement, including service learning and/or volunteer opportunities. 6-8.18

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19 Identify options for fulfilling college and career readiness graduation requirements. 6-8.19

Career Goals

20 Interpret the relationship between educational achievement and career success. 6-8.20

21 Identify personal preferences and interests influencing career choices. 6-8.21

22 Develop and maintain a personal education plan of study. 6-8.22

23 Correlate career choices with earning potential. 6-8.23

Career Exploration and Planning

24 Utilize problem-solving and organizational skills. 6-8.24

25 Describe how jobs are changing and what skills people will need to succeed in the future. Examples: emerging careers, decline of some professions, applications of technology 6-8.25

26 Enhance work ethic and employability skills, including responsibility, time management, dependability, and punctuality. 6-8.26

27 Complete a personal education plan of study and career interest inventories as part of the career planning process. Example: Alabama Career Planning System 6-8.27

28 Identify career clusters and academic courses that align with their career interests and goals. 6-8.28

FOUNDATIONAL WELLNESS

Interpersonal Skills

29 Demonstrate behaviors that support academic and social success. 6-8.29

30 Apply teamwork skills in group settings. 6-8.30

31 Explain the positive contributions made to society by individuals. 6-8.31

32 Display respect for different points of view. 6-8.32

33 Display active listening and empathy. 6-8.33

Problem-Solving and Decision-Making

34 Evaluate the possible consequences of decisions and choices, and implement strategies to resolve problems. 6-8.34

35 Differentiate between healthy coping skills and those with adverse effects. Examples: exercise versus vaping, conflict resolution versus fighting 6-8.35

36 Demonstrate healthy ways to address the impact of peer pressure. 6-8.36

37 Develop an action plan to set and achieve realistic goals. 6-8.37

Character Development

38 Explain the importance of showing positive character traits. 6-8.38

39 Discuss ways personal and social roles change as an individual increases in age. 6-8.39

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40 Discuss how one's ability to self-regulate can impact others. 6-8.40

41 Engage in activities aligned with their personal traits and strengths. 6-8.41

Personal Responsibility

42 Explain the importance of making safe choices online, including social media and gaming platforms. 6-8.42

43 Identify the consequences for failing to follow rules and laws. 6-8.43

44 Explain personal boundaries, rights, and safety needs. 6-8.44

45 Identify and demonstrate ways to advocate for self and others. 6-8.45

46 Explain the detrimental emotional and physical effects of substance use and abuse. 6-8.46

47 List techniques for managing stress and conflict. 6-8.47

48 Exhibit personal responsibility through actions. 6-8.48