

Cosmetology and Related Services 12.0400.00

APPLY PRINCIPLES OF PROFESSIONAL AND CAREER DEVELOPMENT TO SUCCEED IN THE COSMETOLOGY INDUSTRY

CARS.1.0

- a Evaluate effective verbal and non-verbal communication techniques to interact with staff, clients, and peers CARS.1.1
- b Apply active listening skills during communication CARS.1.2
- c Use culturally sensitive language CARS.1.3
- d Identify factors that contribute to the success of a salon [i.e., technician, personality traits (attitude, enthusiastic, listener, self-confidence), customer service, customer satisfaction, etc.] CARS.1.4
- e Complete pre- and post-client consultation, documentation, and analyses CARS.1.5

DEMONSTRATE SANITATION PRECAUTIONS, INFECTION CONTROL MEASURES, AND FIRST AID PROCEDURES TO ENSURE PROPER SALON STANDARDS ACCORDING TO ARIZONA'S CODE R4-10-112 (SAFETY AND SANITATION)

CARS.2.0

- a Read, interpret, and follow manufacturer instructions and SDS guidelines for all products and services (i.e., chemical relaxers, hair color, etc.) CARS.2.1
- b Apply sanitation and infection control to maintain state health guidelines within a professional salon, prior to, during, and at the end of services CARS.2.2
- c Identify the pathogens (e.g., bacteria, virus, and fungi) present in salon environments and risks to clients and licensure CARS.2.3
- d Demonstrate proper first aid techniques and emergency procedures (i.e., cuts and abrasions, hair loss, burns, bacterial infections, slip and fall injuries, allergic injuries, etc.) CARS.2.4
- e Apply safe handling techniques and procedures in the use of disinfecting products, tools, and equipment (i.e., styling brushes, shears, shampoo bowls, razors, etc.) CARS.2.5
- f Comply with Occupational Safety and Health Administration (OSHA) standards [e.g., the Hazard Communication Standard (hazcom), and Safety Data Sheets (SDSs)] CARS.2.6

ANALYZE THE ANATOMY, PHYSIOLOGY, AND HISTOLOGY OF THE

- a Identify systems and organs of the human body and their functions CARS.3.1
- b Identify the structure and function of cells CARS.3.2

HUMAN BODY AS IT RELATES TO THE COSMETOLOGY PROFESSION CARS.3.0

- c** Evaluate skin diseases and disorders to determine when services should be safely performed (i.e., psoriasis, dermatitis, MRSA, etc.) CARS.3.3
- d** Evaluate the structure and functions of the skeletal, muscular, and nervous systems CARS.3.4
- e** Compare the integumentary and lymphatic systems in relation to each other and their role in the human body CARS.3.5

ANALYZE PRINCIPLES OF CHEMISTRY AND ELECTRICITY AS THEY RELATE TO COSMETOLOGY CARS.4.0

- a** Explain pH scale and how it relates to cosmetology CARS.4.1
- b** Explore electricity and electrotherapy, their uses and effects (i.e., electrodes, blue light vs. red light, ultraviolet, infrared, etc.) CARS.4.2
- c** Evaluate chemical labels for proper application of products and effects on hair, skin, and nails CARS.4.3
- d** Describe chemical burn symptoms and treatment CARS.4.4

EVALUATE TRICHOLOGY AS IT REFERS TO COSMETOLOGY CARS.5.0

- a** Evaluate the properties of the hair and scalp CARS.5.1
- b** Demonstrate shampooing, rinsing, and conditioning of hair CARS.5.2
- c** Evaluate and demonstrate draping and scalp massage CARS.5.3
- d** Evaluate growth and structure of different hair types CARS.5.4

APPLY THE PRINCIPLES OF HAIRSTYLING CARS.6.0

- a** Demonstrate elements and principles of hair design/styles [e.g., elements (line, form, space, texture, color); principles (proportion, balance, rhythm, emphasis, harmony)] CARS.6.1
- b** Identify specialized styling techniques (i.e., braiding, extensions, thermal irons, blow drying, wet styling, etc.) CARS.6.2
- c** Evaluate different facial shapes and proportions (e.g., styles to enhance or camouflage facial features) CARS.6.3

APPLY THE PRINCIPLES OF HAIRCUTTING CARS.7.0

- a** Choose appropriate and essential haircutting tools (e.g., shears, razors, clippers, and texturizing tools) CARS.7.1
- b** Demonstrate different haircutting methods and techniques (i.e., various elevations, basic haircuts, combining techniques, etc.) CARS.7.2

DEMONSTRATE HAIRSTYLING TECHNIQUES CARS.8.0

- a** Explain the influences of hair type (e.g., wave pattern and hair texture) on hairstyle CARS.8.1
- b** Explain the three basic profiles (e.g., straight, convex, and concave) CARS.8.2

c Demonstrate thermal styling techniques CARS.8.3

d Demonstrate wet styling techniques CARS.8.4

e Demonstrate long hair styling techniques CARS.8.5

f Demonstrate advanced hairstyling techniques CARS.8.6

g Demonstrate various braiding techniques CARS.8.7

**DEMONSTRATE
CHEMICAL TEXTURIZING
OF HAIR** CARS.9.0

a Demonstrate hair analysis to perform appropriate chemical texturizing on a variety of hair types CARS.9.1

b Demonstrate perm wrapping techniques in creating hairstyles CARS.9.2

c Demonstrate chemical relaxing processes in creating hairstyles CARS.9.3

d Demonstrate curl reforming in creating hairstyles CARS.9.4

**DEMONSTRATE HAIR
COLORING
TECHNIQUES** CARS.10.0

a Evaluate the relationship between color theory in relation to the law of color (e.g., color classifications) CARS.10.1

b Identify FDA- and state-mandated patch testing to determine sensitivity to product CARS.10.2

c Evaluate existing hair color of a client as it relates to additional color considerations and application procedures CARS.10.3

d Change existing hair color with temporary color, semi-permanent color, oxidative color, surface painting, slicing, weaving, double process blond, and corrective color according to coloring techniques CARS.10.4

e Evaluate chemical actions of hair lighteners and color removers CARS.10.5

f Demonstrate targeted color for hair and special effects step-by-step techniques CARS.10.6

**EVALUATE WIGS,
HAIRPIECES, AND
EXTENSIONS TO USE AS
A CHOICE IN
HAIRSTYLING** CARS.11.0

a Identify wigs, hairpieces, and extensions and their uses in hairstyling CARS.11.1

b Demonstrate proper care and maintenance of wigs and hair enhancements CARS.11.2

c Demonstrate procedures for taking wig measurements on a scalp, putting on a wig, and attaching extensions and hairpieces CARS.11.3

**DEMONSTRATE
MORPHOLOGY AND
TREATMENT OF THE
NAIL** CARS.12.0

a Identify nail service to be provided CARS.12.1

b Recognize symptoms of nail diseases and disorders CARS.12.2

c Consult with client CARS.12.3

d Prepare client for selected nail service CARS.12.4

e Perform nail technology modalities and procedures CARS.12.5

**DEMONSTRATE
MORPHOLOGY AND
TREATMENT OF THE
SKIN** CARS.13.0

a Prepare and consult with client CARS.13.1

b Analyze facial skin for treatment CARS.13.2

c Recognize visual skin diseases and disorders CARS.13.3

d Perform selected facial service CARS.13.4

e Shape eyebrows CARS.13.5

f Apply makeup CARS.13.6

g Perform proper extraction technique CARS.13.7

h Perform skin modalities and treatments CARS.13.8

i Perform safe lash and eyebrow tinting CARS.13.9

j Apply artificial eyelashes CARS.13.10