Arizona CTE

NURSING SERVICES, 51.3900.00

EXAMINE THE HEALTHCARE COMMUNITY AND THE ROLES AND RESPONSIBILITIES OF THE HEALTHCARE TEAM NUR.1.0	1 **Identify essential functions, similarities, and differences of healthcare facilities (e.g., acute care, long-term care, assisted living, homecare, rehabilitation, hospice)** NUR.1.1
	2 **Explain the organizational structure and essential duties, including the delegation process, of the healthcare team within a healthcare facility [e.g., physician, physician's assistant, RN, LPN, nursing assistant, nurse practitioner, discharge coordinator, home health aide, therapists (physical, occupational, respiratory)]** NUR.1.2
	3 **Explain the role of the nursing assistant as outlined in regulatory and professional guidelines [e.g., Omnibus Budget Reconciliation Act (OBRA), Arizona State Board of Nursing Standards of Conduct (R4- 19-814), ethics in the workplace, informed consent, advanced directives]** NUR.1.3
	4 **Demonstrate professional work habits and time management skills** NUR.1.4
DEMONSTRATE ETHICAL AND LEGAL CONDUCT IN ALL NURSING ACTIVITIES NUR.2.0	1 **Examine ethical and legal issues and the standards for healthcare professions (e.g., nursing code of ethics, facility ethical protocol, appropriate legal documents)** NUR.2.1
	2 **Explain state certification and renewal requirements including criminal conduct** NUR.2.2
	3 **Identify the standards of conduct that the nurse assistant must maintain in his or her daily care of residents** NUR.2.3
	4 **Examine the effect of personal ethics, morals, and values in nursing services** NUR.2.4
	5 **Compare and contrast behaviors and practices that could result in malpractice, liability, or negligence** NUR.2.5
	6 **Explain the Patient's Bill of Rights (e.g., right for privacy and confidentiality; right to be free from abuse, mistreatment, and neglect; right to be free from restraints; right to make personal choices; right to obtain assistance in resolving grievances and disputes; security of personal property)** NUR.2.6

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	7	Comply with legal, regulatory, and accreditation standards or codes such as the Health Insurance Portability and Accountability Act (HIPAA) NUR.2.7
	8	Review methods and protocol for reporting instances or suspicion of abuse, mistreatment, or neglect NUR.2.8
	9	Follow the standards for workers' rights, harassment, labor, and employment laws NUR.2.9
APPLY STANDARD PRECAUTIONS AND INFECTION CONTROL MEASURES NUR.3.0	1	Explain the infectious process and modes of disease transmission NUR.3.1
	2	Examine the Center for Disease Control (CDC) and Prevention guidelines related to body substances and Standard Precautions (e.g., respiratory hygiene, exposure incidents, transmission-based precautions) NUR.3.2
	3	Examine the Occupational Safety and Health Administration (OSHA) guidelines related to body substance and Standard Precautions (e.g., bloodborne pathogen and methods for reducing infection) NUR.3.3
	4	Explain the general principles of asepsis (e.g., clean, medical, sterile, disinfection) NUR.3.4
	5	Demonstrate the principles of hand hygiene NUR.3.5
	6	Explain the isolation procedures NUR.3.6
	7	Explain and demonstrate the use of Personal Protective Equipment (PPE) NUR.3.7
APPLY PRINCIPLES OF BODY MECHANICS WHEN POSITIONING, TRANSPORTING, TRANSFERRING, AND AMBULATING RESIDENTS NUR.4.0	1	Examine the effects of prolonged bed rest and/or restricted physical activity (e.g., muscle atrophy, arterial restriction, body alignment) NUR.4.1
	2	Identify and use different techniques for positioning residents in bed (e.g., side lying, supine, prone, Sim's, high and low Fowler's, Trendelenburg, lithotomy, orthopneic, footboard) NUR.4.2
	3	Identify and use assistive devices and techniques to aid in turning residents (e.g., logroll, draw sheet, move up in bed) NUR.4.3
	4	Identify and use assistive devices and techniques to aid in ambulating residents (e.g., crutches, cane, walker, wheelchair, dangling, gait belt) NUR.4.4
	5	Identify and use assistive devices and techniques to aid in transferring residents (e.g., gait belt, mechanical lifts, slide board, lift sheet, stretcher) NUR.4.5
	6	Assist residents to transfer from bed to chair and chair to bed using pivot and ambulatory techniques NUR.4.6
	7	Assist resident to ambulate with and without a gait belt NUR.4.7

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	8	Demonstrate proper positioning of the resident in a wheelchair NUR.4.8
	9	Assist and care for the resident who is falling or who has fallen NUR.4.9
	10	Apply body mechanics and use safety procedures when positioning, transferring, transporting, turning and lifting residents NUR.4.10
	11	Determine the purpose and procedure for active and passive range of motion exercises NUR.4.11
	12	Identify and the purpose continuous passive motion (CPM) devices NUR.4.12
PROVIDE BASIC EMERGENCY CARE NUR.5.0	1	Recognize emergency situations/changes in condition and notify appropriate personnel following protocol (e.g., asphyxia, stroke/TIA, anaphylaxis, seizure, poisonings, fainting, hemorrhage) NUR.5.1
	2	Demonstrate basic life support (CPR) at the minimum accepted standard of practice (e.g., compression, AED, breathing techniques) NUR.5.2
	3	Perform standard first aid skills (e.g., hemorrhage, shock, fainting, burns) NUR.5.3
	4	Perform abdominal thrusts for the choking victim NUR.5.4
EXAMINE HUMAN BODY SYSTEMS FOR COMMON CONDITIONS, DISORDERS, AND CARE NUR.6.0	1	Describe the characteristics of homeostasis NUR.6.1
	2	Describe major body systems, organs, cell functions, anatomical terms, and tissues (e.g., nervous, connective, muscular, epithelial) NUR.6.2
	3	Use medical terminology as it relates to body systems and their functions NUR.6.3
	4	Identify the function, structure, common health problems, and age-related changes of the integumentary system (e.g., bruises, skin tears, rashes, decubitus ulcers, shingles, lice/scabies, gangrene) NUR.6.4
	5	Identify the function, structure, common health problems, and age-related changes of the musculoskeletal system (e.g., arthritis, osteoporosis, fractures, amputations, muscle atrophy, joint replacement) NUR.6.5
	6	Identify the function, structure, common health problems, and age-related changes of the nervous system (e.g., cerebral vascular accident, Parkinson's disease, dementia/Alzheimer's, spinal cord/head injuries, seizures, multiple sclerosis) NUR.6.6
	7	Identify the function, structure, common health problems, and age-related changes of the sensory system (e.g., cataracts, glaucoma, macular degeneration, hearing loss, neuropathy) NUR.6.7
		dentify the function, structure, common health problems, and age-related hanges of the circulatory system (e.g., angina, myocardial infarction, coronary

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		disease, congestive heart failure, hypertension) NUR.6.8
	9	Identify the function, structure, common health problems, and age-related changes of the respiratory system (e.g., COPD, bronchitis, asthma, TB, pneumonia, oxygen therapy NUR.6.9
	10	Identify the function, structure, common health problems, and age-related changes of the gastrointestinal system (e.g., constipation/fecal impaction, gastroesophageal reflux disease, ulcers, hernias, gall bladder disease, diverticulitis, colon cancer, Crohn's disease, celiac disease) NUR.6.10
	11	Identify the function, structure, common health problems, and age-related changes of the urinary system (e.g., renal failure, urinary tract infection, incontinence, kidney stones) NUR.6.11
	12	Identify the function, structure, common health problems, and age-related changes of the endocrine system (e.g., diabetes mellitus, thyroid disease) NUR.6.12
	13	Identify the function, structure, common health problems, and age-related changes of the reproductive system [e.g., BPH, prolapsed uterus, cancer, pregnancy-related conditions, endometriosis, sexually transmitted disease (STD)] NUR.6.13
COMMUNICATE EFFECTIVELY WITH EACH OTHER AND RESIDENTS AND REPORT MEDICAL INFORMATION USING MEDICAL TERMINOLOGY NUR.7.0	1	Use medical terminology to interpret and communicate information, data, and observations including sound alike and look alike terms NUR.7.1
	2	Respond effectively to resident's behavior in a positive non-threatening manner NUR.7.2
	3	Observe and describe resident's physical and emotional condition changes NUR.7.3
	4	Communicate appropriately with residents who have sensory deficits (e.g., hearing, visual, and cognitively impaired; aphasic, and comatose; physically and verbally aggressive) NUR.7.4
MEASURE AND RECORD VITAL SIGNS NUR.8.0	1	Describe purpose, influencing factors (e.g., confused patient, infant, child), and procedures (e.g., digital, electronic, oral, rectal, axillary, tympanic) for measuring and recording temperature and report abnormal findings NUR.8.1
	2	Describe purpose, influencing factors, and procedures for measuring and recording pulse rate (e.g., radial, apical, carotid, brachial) and report abnormal findings NUR.8.2
	3	Describe purpose, influencing factors, and procedures for measuring and recording respirations and report abnormal findings NUR.8.3

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	4 Describe purpose, influencing factors, and procedures for measuring and recording blood pressure and report abnormal findings NUR.8.4
	5 Describe purpose, influencing factors, and procedures for measuring and recording height and weight (e.g., upright/standing, bed, chair scale) and report abnormal findings NUR.8.5
	6 Describe purpose, influencing factors, and procedures for measuring and recording oxygen saturation using an oximeter and report abnormal findings NUR.8.6
	7 Identify signs, symptoms, and behavior relative to pain and report abnormal findings NUR.8.7
	8 Record observations of changes in vital signs and report abnormal findings to licensed personnel according to protocol (e.g., tachycardia, bradypnea, arrhythmia, tachypnea, hypertension, pain) NUR.8.8
	9 Apply noninvasive pain relief measures within scope of practice and report abnormal findings NUR.8.9
DEMONSTRATE PERSONAL CARE AND GROOMING WITH CONSIDERATION TO CULTURAL AND PERSONAL PREFERENCES NUR.9.0	1 Describe the purpose and procedure for bathing residents (e.g., complete bed bath, partial bath, tub bath, whirlpool, and shower) NUR.9.1
	2 Provide skin care including back rub, massage procedures, and frequent turning NUR.9.2
	3 Identify and report skin problems including the four major stages of decubitus ulcers NUR.9.3
	4 Describe the purpose and procedure for perineal care NUR.9.4
	5 Describe the purpose and procedure for catheter care NUR.9.5
	6 Describe the purpose and procedure for oral and dental care NUR.9.6
	7 Describe the purpose and procedure for shampoo and hair care NUR.9.7
	8 Describe the purpose and procedure for nail care NUR.9.8
	9 Describe the procedure for shaving a resident NUR.9.9
	10 Assist resident with dressing and undressing NUR.9.10
	11 Examine the use and care of prosthetic and orthotic devices NUR.9.11
	12 Describe the purpose and procedure for bedmaking (occupied and unoccupied) NUR.9.12

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13 Describe the purpose and methods for pressure reduction (e.g., floating heels, repositioning) NUR.9.13

MAINTAIN A SAFE AND CLEAN ENVIRONMENT FOR RESIDENTS AND OTHERS NUR.10.0

1 Identify measures to prevent or control workplace violence (e.g., facility policies and procedures and personal safety practices) NUR.10.1

2 Apply safety precautions related to age of residents (e.g., flooring, bed elevation, shoes/dress, cords) NUR.10.2

3 Explain risk management protocols in the healthcare environment (e.g., incident reporting and fall risk) NUR.10.3

4 Apply emergency procedures (e.g., fire, chemical, biohazard, radiation, community disasters) NUR.10.4

5 Maintain equipment to ensure safe use (e.g., cleaning and check safety cords) NUR.10.5

6 Comply with hazardous labeling requirements, safety signs, and symbols NUR.10.6

7 Handle and dispose of contaminated and hazardous items according to standards and procedures NUR.10.7

8 Position call light for easy access (e.g., toileting, ambulating, pain medication) NUR.10.8

9 Provide care within scope of practice to residents receiving oxygen (e.g., securing oxygen, transporting oxygen, oxygen signage, cylinder care, risks) NUR.10.9

10 Demonstrate proper handling and safe use of oxygen delivery systems/equipment (e.g., transporting system, nasal cannula, face mask, removal and application of oxygen) NUR.10.10

11 Explain how to work with the resident's family as a source of emotional support for the resident NUR.10.11

APPLY THE PRINCIPLES OF BASIC NUTRITION TO RESIDENT CARE NUR.11.0

1 Identify principles of nutrition (e.g., essential nutrient groups, My Plate, physiological needs, serving sizes) NUR.11.1

2 Identify alternative feeding methods NUR.11.2

3 Explain optimal nutritional needs for the resident across the life span NUR.11.3

4 Examine therapeutic diets (e.g., liquid, low sodium, diabetic, high fiber) NUR.11.4

5 Present meals in the facility NUR.11.5

6 Restrict and record fluids NUR.11.6

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	7 Assist with eating using assistive devices NUR.11.7
	8 Examine dietary concerns associated with age-related problems (e.g., denture problems, reduced sense of taste); situational factors (e.g., depression and dysphagia), and aspects of nursing assistant care (e.g., socialization and comfort foods) NUR.11.8
	9 Identify personal, cultural, religious, and medical conditions leading to variations in the diet NUR.11.9
	10 Ensure that residents receive diets as ordered NUR.11.10
	11 Measure and record nutritional data, including meal percentage, intake, and output NUR.11.11
FACILITATE ACTIVITIES RELATED TO ELIMINATION NUR.12.0	1 Assist with toileting, (e.g., bedpan, urinal, commode and toilet seat extension, bladder training) NUR.12.1
	2 Measure, calculate, and record fluid intake and output in ounces and milliliters NUR.12.2
	3 Assist with alternative methods of elimination (e.g., ostomy, urostomy, Foley catheter) NUR.12.3
	4 Care for the resident who is incontinent NUR.12.4
	5 Care for the resident who is vomiting NUR.12.5
PROVIDE CARE FOR THE PERI-OPERATIVE RESIDENT AND/OR RESIDENT WITH SPECIAL NEEDS NUR.13.0	1 Determine purpose and procedure for assisting with preoperative care according to protocol (e.g., NPO orders, ID band, surgical checklist) NUR.13.1
	2 Determine purpose and procedure for assisting with postoperative care per protocol (e.g., ID band, airway maintenance, N/V, surgical bed) NUR.13.2
	3 Determine purpose and procedure for positioning and caring for resident receiving tube feeding NUR.13.3
	4 Determine purpose and procedure for caring for residents with feeding tubes NUR.13.4
	5 Determine purpose and procedure for caring for residents with gravity and sump drains NUR.13.5
	6 Examine complications with improper positioning and surgical gravity drains NUR.13.6
	7 Measure and record intake and output NUR.13.7
	8 Determine purpose and procedure for applying binders NUR.13.8

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	9 Determine purpose and procedure for applying support, anti embolism, and compression stockings NUR.13.9
	10 Determine purpose and procedure for applying and maintaining dressings NUR.13.10
	11 Report status, observations, and resident response to binders, bandages, and dressings NUR.13.11
	12 Follow policy and protocol for appropriate temperature range for heat and cold treatments NUR.13.12
ASSIST WITH ADMISSION, TRANSFER, AND DISCHARGE NUR.14.0	1 Explain the procedure for admitting a resident NUR.14.1
	2 Explain the procedure for transferring a resident NUR.14.2
	3 Explain the procedure for discharging a resident NUR.14.3
	4 Maintain safekeeping of resident's belongings and personal possessions according to facility policy NUR.14.4
ASSIST WITH DIAGNOSTIC TESTING AND EXAMINATIONS NUR.15.0	1 Determine purpose and procedure for collection, labeling, and sending specimen for analysis according to protocol (e.g., sputum, stool, urine, blood) NUR.15.1
	2 Determine purpose and procedure for diagnostic testing (e.g., culture and sensitivity, clean catch, sterile, 24-hour) NUR.15.2
ASSIST IN IDENTIFYING BEHAVIORAL HEALTH AND CARING FOR MENTAL HEALTH AND SOCIAL SERVICE NEEDS OF RESIDENTS NUR.16.0	1 Discuss basic human needs of the individual (e.g., throughout the lifespan, including physical, socio-cultural, social service and mental health needs, developmental tasks with aging, mental and behavior changes, role of the elderly in a community) NUR.16.1
	2 Explain how cultural and spiritual attitudes may influence psychological responses NUR.16.2
	3 Respect and accommodate cultural and spiritual differences NUR.16.3
	4 Modify personal behavior in response to resident behavior NUR.16.4
	5 Determine purpose and techniques for addressing needs and behaviors of individuals with dementia, Alzheimer's, and other cognitive or sensory deficits (e.g., cognitive impairments, anger, depression, unresponsiveness) NUR.16.5
	6 Describe special needs of residents with a mental health diagnosis NUR.16.6
	7 Describe special needs of residents in long-term care/alternative care acilities NUR.16.7

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CARE FOR DYING RESIDENTS AND THEIR FAMILIES NUR.17.0

1. **Describe the stages of grieving and death and dying process** NUR.17.1
2. **Explain the role of hospice in end-of-life care** NUR.17.2
3. **Assist with care for the dying resident/patient and support for the family considering physical needs, spiritual, and cultural beliefs** NUR.17.3
4. **Determine purpose and procedure for postmortem care (e.g., positioning, respect, dress, organ donation)** NUR.17.4