

Social Emotional Development

SELF-AWARENESS AND EMOTIONAL SKILLS 1

1 Self-Awareness: The child demonstrates an awareness of self. 1.1

- a Demonstrates self-confidence. 1.1.A
 - b Makes personal preferences known to others. 1.1.B
 - c Demonstrates knowledge of self-identity/autonomy. 1.1.C
 - d Displays an awareness of similarities and differences between self and others. 1.1.D
 - e Demonstrates developmentally appropriate cultural curiosity and responsiveness. 1.1.E
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2 Recognizes and Expresses Feelings: The child recognizes and expresses feelings of self and others. 1.2

- a Associates emotions with words, facial expressions, and body language. 1.2.A
 - b Identifies, describes, and expresses their own feelings. 1.2.B
 - c Identifies and describes feelings of others. 1.2.C
 - d Expresses feelings of satisfaction in independent activities 1.2.D
 - e Expresses empathy for others. 1.2.E
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3 Self-Regulation: The child manages the expression of feelings, thoughts, impulses, and behaviors. 1.3

- a Understands and follows expectations in the learning environment. 1.3.A
 - b Adjusts behavior and adapts to transitions, daily routines, and unexpected events. 1.3.B
 - c Chooses appropriate words and actions. 1.3.C
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RELATIONSHIPS AND SOCIAL SKILLS 2

1 Attachment: The child demonstrates the ability to engage in and maintain secure relationships. 2.1

- a Expresses interest, curiosity, and trust with familiar adults. 2.1.A
 - b Seeks support from familiar adults. 2.1.B
 - c Separates from familiar adult with minimal distress. 2.1.C
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2 Social Interactions: The child displays positive social behavior. 2.2

- a Responds when adults or other children initiate interactions. 2.2.A
- b Initiates and sustains positive interactions with adults and other children. 2.2.B

- c Acknowledges someone's perspective by demonstrating positive ways to resolve conflict. 2.2.C
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3 Respect: The child has an increasing capacity to understand social boundaries about behavior and the environment. 2.3

- a Respects the rights and property of others. 2.3.A
- b Defends own rights and the rights of others. 2.3.B
- c Shows respect for learning materials in the learning environment. 2.3.C