Arkansas CTE

Career Development: Grades 7-8 (2025)

Develop a Self-Awareness Evaluation 1

1 Develop Self-Awareness 1.1

1. Identify interests (likes, dislikes, strengths, weaknesses, wants, and needs) and examine how that will affect choosing a career. 1.1.1
2. Evaluate how self-concept, self-esteem, and attitude could affect educational achievement. 1.1.2
3. Identify values and the effect they have in choosing a career. 1.1.3
4. Identify lifestyle preference and write steps to achieve that lifestyle. 1.1.4
5. Recognize different personality types and the effect of different types working in the same environment. 1.1.5
6. Identify how an individual's school experience connects to an individual's future success. 1.1.6
7. Develop the essential/soft skills and abilities needed to be successful in a career. (i.e. being on time; listening; knowing when to ask questions; understanding roles on team; following directions; work ethic; good attitude; the ability to be coached; taking responsibility for one's own actions and choices; interacting with management. 1.1.7
8. Define emotional intelligence. Distinguish ways to handle positive and negative emotions. 1.1.8

2 Identify Personal Ability 1.2

1. Catalogue successes and failures and then evaluate how to improve. 1.2.1
2. Identify how choices affect future education and career plans. 1.2.2
3. Explain the value of doing work well and creating opportunities for development and success in school and career. 1.2.3
4. Demonstrate how pride in your work produces personal satisfaction and success. 1.2.4

3 Evaluate Appropriate Work Behavior 1.3

1. Evaluate the rewards/consequences of behavior towards others. 1.3.1
2. Discover and interpret ways to earn respect. 1.3.2
3. Explain how respect plays a positive role in interacting with diverse groups, which is essential to achieving success. 1.3.3

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Understand Career Information and Employment Trends 2

1 Explore Career Fields, Clusters, and Pathways 2.1

1. Differentiate between the Arkansas Career fields, and the career clusters associated with each field. 2.1.1
2. Research and discuss the fourteen (14) Career Clusters using various sources of information. 2.1.2
3. Analyze pertinent facts that pertain to job growth and career opportunities in the pathways. 2.1.3

2 Explain Transferrable Skills 2.2

1. Describe the transferable skills needed when transitioning between careers and/or jobs. 2.2.1
2. Compare and contrast skills necessary for specific careers. 2.2.2

3 Research Employment Trends 2.3

1. Demonstrate understanding of the changing workplace due to the global economy and improvements in technology. 2.3.1
2. Identify types of work schedules--self-employed (entrepreneur), part-time, full-time, temporary, seasonal, volunteer, flextime, and rotational. 2.3.2
3. Identify the advantages and disadvantages of being employed in a non-traditional occupation. 2.3.3
4. Identify job benefits and forms of income. 2.3.4

Understand Career Decision-Making Skills 3

1 Demonstrate the Decision-Making Process 3.1

1. Identify steps in a decision-making process. 3.1.1
2. Demonstrate the use of a decision-making model in a personal career plan. 3.1.2
3. Recognize that decision-making often involves conflicts and compromise. 3.1.3

2 Demonstrate Setting Goals 3.2

1. Describe the structure of setting short, medium, and long-term goals. 3.2.1
2. Define goals. 3.2.2
3. Identify resources needed to meet personal goals. 3.2.3
4. Describe how personal values affect decisions due to conflicting demands. 3.2.4

3 Explore the Career Decision-Making Process 3.3

1. Compare and contrast postsecondary options leading to a career goal. 3.3.1
2. Identify the advantages and disadvantages of decisions when determining a tentative career goal. 3.3.2

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xplore Career Planning 4.1

1. Explain how career planning is a lifelong process beginning early in life. 4.1.1

Skills 4

2 Explain how career planning can save time, energy, and money. 4.1.2

3 Explore the education and training requirements to meet certain job qualifications. 4.1.3

2 Develop an Education and Training Plan 4.2

1 Identify education requirements for graduation. 4.2.1

2 Identify training requirements or extended learning opportunities for entrance into the workforce for a chosen career focus. 4.2.2

3 Identify viable pathways of study with postsecondary education and training opportunities for a chosen career focus. 4.2.3

4 Demonstrate understanding of employment requirements concerning degrees, certifications, licenses, diplomas, experience, and job skills. 4.2.4

3 Develop a Career Development Portfolio 4.3

1 Describe the components of a career portfolio. 4.3.1

2 Create a career portfolio. 4.3.2

4 Identify Employment Factors 4.4

1 Determine opportunity costs over a lifespan for achieving a personal career goal. 4.4.1

2 Explain how distracters and barriers can hinder an individual from completing plans. 4.4.2

3 Assess the relative income and benefits of a future career goal with respect to personal goals and lifestyles. 4.4.3

4 Identify economic conditions that may affect career plans. 4.4.4

5 Identify the advantages and challenges of self-employment. 4.4.5

Understand Career Readiness Skills 5

1 Identify Employability Skills 5.1

1 Identify employment preparation activities (job application, resume, cover letter, follow-up letter). 5.1.1

2 Identify human resources requirements for employment such as drug testing and credit checks. 5.1.2

3 Recognize appropriate professional technology etiquette, i.e. social media. 5.1.3

4 Avoid projecting a negative social media image. 5.1.4

5 Describe and/or participate in job shadowing, mentoring, co-op, or internship. 5.1.5

6 Identify job search strategies and resources for finding job openings. 5.1.6

2 Demonstrate Personal Skills 5.2

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Describe the importance of earning an income and managing personal finances. 5.2.1

2 Explain the value of volunteering to gain experience, develop work relationships, including seeking mentorship, and obtain recommendations for jobs. 5.2.2

3 Identify leadership qualities and managerial skills, i.e. being a team player, showing eagerness for lifelong learning. 5.2.3