Arkansas CTE

Family Dynamics: Grades 9, 10, 11, 12

Adopted 2007

Dynamics of Family Life

1.1 Define terms related to dynamics of family life

1. Match terms related to dynamics of family 1.1.1

1.2 List types of family structures

1. Examine types of family structures portrayed in the media 1.2.1

1.3 Describe roles of family members within each type of family structure

1. Compare and contrast roles of family members within each type of family structure 1.3.1

1.4 State functions of a family

1. Illustrate functions of a family 1.4.1

1.5 Describe impact of the family on emotional, intellectual, moral, physical, and social development of its members

1. Explain the impact of the family on each area of development 1.5.1
2. Predict consequences on the family if developmental needs are not met 1.5.2

1.6 Identify ways families are influenced by their culture

1. Compare and contrast the cultural differences and similarities of families 1.6.1

1.7 Name societal issues that affect the family

1. Investigate ways that family mobility impacts the family 1.7.1
2. Investigate ways that an aging population impacts the family 1.7.2
3. Investigate ways that self-destructive activities impact the family 1.7.3
4. Investigate ways the media impacts the family 1.7.4
5. Brainstorm additional social issues that impact the family 1.7.5

1.8 Explain stages of the family life cycle

1. Match stages of the family life cycle with examples of each 1.8.1

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Individual Development

2.1 Define terms related to individual development

1. Match terms related to individual development 2.1.1

2.2 Describe effects of heredity and environment on the individual

1. Compare the influence of heredity and environment on the individual 2.2.1
2. Analyze how inherited and acquired traits make an individual unique 2.2.2
3. Analyze how sexual identity can be influenced by environment 2.2.3

2.3 Describe Maslow's hierarchy of needs

1. Determine ways to meet individual needs in each level of Maslow's hierarchy of needs 2.3.1

2.4 Identify personal characteristics that communicate a positive impression

1. Illustrate examples of personal characteristics that communicate a positive impression (including appearance, hygiene, grammar, body language, etc.) 2.4.1

2.5 Explain ways personal appearance influences self-concept

1. Brainstorm ways to improve self-concept 2.5.1

2.6 Identify influences on values and goals

1. Compile a list of personal short and long term goals 2.6.1
2. Predict how values and goals will change 2.6.2

2.7 List positive character traits

1. Evaluate positive character traits (including respect, integrity, trustworthy, dependable, empathy, etc.) 2.7.1

Life Relationships

3.1 Define terms related to life relationships

1. Match terms related to life relationships 3.1.1

3.2 List types of communication

1. Demonstrate active listening skills 3.2.1
2. Demonstrate positive methods of communication 3.2.2
3. Demonstrate barriers to effective communication 3.2.3

3.3 Identify effects of communication on family

1. Explain the importance of communication in family relationships 3.3.1

3.4 List factors that influence marital success (include age/maturity, realistic attitudes, friendship, etc.)

1. Distinguish between love, infatuation, and intimacy 3.4.1
2. Examine factors to consider in mate selection 3.4.2
3. Discuss issues related to interfaith, racially, and culturally mixed marriages 3.4.3

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3.5 Examine aspects of dating

1. Predict areas of potential trouble for couples in a dating relationship 3.5.1

3.6 Examine aspects of the engagement period

1. Analyze issues that should be discussed prior to marriage 3.6.1
2. Predict areas of potential trouble for couples considering marriage 3.6.2
3. Justify reasons for breaking an engagement 3.6.3

3.7 Describe responsibilities for weddings

1. Discuss ways to handle common concerns when planning a wedding 3.7.1
2. Describe laws and customs connected to weddings 3.7.2

3.8 List moral and legal commitments involved in a marriage relationship

1. Analyze the moral commitments involved in a marriage relationship 3.8.1
2. Analyze the legal commitments involved in a marriage relationship 3.8.2

3.9 State ways the breakup of a marriage affects family members

1. Summarize the effects of the breakup of a marriage on couples and on their children 3.9.1

3.10 List responsibilities of divorced couples to children and to each other

1. Explain decisions that must be made when divorce occurs (include custody, division of property, financial support, etc.) 3.10.1

3.11 Identify family relationships during each stage of the family life cycle

1. Describe the concerns and challenges of each family life cycle stage 3.11.1

3.12 List characteristics of a functional family

1. Describe ways to establish and maintain a functional family 3.12.1

3.13 List characteristics of a dysfunctional family

1. Locate resources available to a dysfunctional family 3.13.1

3.14 List activities outside the home that affect individuals and family members

1. Analyze the effect of scheduled activities on family life 3.14.1

3.15 Name ways to effectively blend employment with family life

1. Summarize ways in which jobs affect family life, and family life affects jobs 3.15.1

3.16 Designate reasons for a dual career family

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1. Evaluate the pros and cons of a dual career family 3.16.1

3.17 List reasons why adult children live with parents

1. Discuss advantages and disadvantages of adult children living with parents 3.17.1

3.18 Identify challenges and concerns of aging family members

1. Research care options for the elderly 3.18.1
2. Determine ways to protect aging family members from abuse and neglect 3.18.2

3.19 State ways technology has influenced family life

1. Explain ways that technology adds convenience to living 3.19.1

Responsible Parenting

4.1 Define terms related to responsible parenting

1. Match terms related to responsible parenting 4.1.1

4.2 List factors to consider when determining whether or not to become a parent

1. Discuss the pros and cons of having children 4.2.1
2. Discuss the pros and cons of not having children 4.2.2
3. Discuss family planning decisions 4.2.3

4.3 State ways parenthood affects lifestyle

1. Predict lifestyle changes that come with having children 4.3.1

4.4 List parenting options

1. Explore the process of adoption, foster parenting and infertility treatments 4.4.1
2. Explore financial cost related to parenting options 4.4.2

4.5 State styles of parenting

1. Compare parenting styles (including authoritarian, permissive, authoritative/democratic) 4.5.1
2. Discuss parenting styles portrayed in the media 4.5.2

4.6 Identify ways changes in society affect parents and children

1. Explore how changes in communication, family structures, media, and mobility have affected parents and children 4.6.1

4.7 Describe the challenges and rewards of parenthood

1. Compare challenges and rewards of parenthood within each family structure 4.7.1

List ways children learn

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1. Illustrate how children learn through imitation, repetition, and directed learning 4.8.1
2. Demonstrate appropriate table manners for children 4.8.2

4.9 State guidance techniques that promote responsible, independent behavior in children

1. Discuss the importance of consistency 4.9.1
2. Explain why rules should emphasis what the child should do rather than avoid doing 4.9.2
3. Develop appropriate guidance techniques for children with special needs 4.9.3

4.10 Name effective discipline techniques

1. Explain when natural consequences are not appropriate 4.10.1
2. Compare positive and negative reinforcement 4.10.2

4.11 Identify options for childcare

1. Compare various types of child care 4.11.1

4.12 List characteristics of quality child care services

1. Create a checklist to evaluate child care services 4.12.1

4.13 List resources available to assist parents with parenting skills

1. Compile a list of local resources available to assist parents with parenting skills 4.13.1

Crisis Management

5.1 Define terms related to crisis management

1. Match terms related to crisis management 5.1.1

5.2 Identify situations that can cause a crisis

1. Discuss ways to avoid crisis 5.2.1
2. Analyze specific crisis related to stages in the life cycle 5.2.2
3. Evaluate types of abuse 5.2.3
4. Research statistics regarding the reported cases of domestic violence 5.2.4

5.3 List possible reactions to crisis

1. Categorize reactions as positive or negative 5.3.1

5.4 List resources for coping with crisis

1. Research community resources available to aid families in crisis 5.4.1

List types of defense mechanisms

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1. Analyze defense mechanisms (including denial, projection, rationalization, displacement, regression, etc.) 5.5.1

5.6 State symptoms of stress

1. Examine how stress affects health 5.6.1

5.7 Identify techniques for stress management

1. Brainstorm positive and negative techniques for stress management 5.7.1

5.8 Name ways a family can support individual members during crisis

1. Analyze effective ways to assist others in crisis 5.8.1

Resource Management

6.1 Define terms related to resource management

1. Match terms related to resource management 6.1.1

6.2 List effective time management techniques

1. Create a personal time management plan 6.2.1

6.3 List effective money management techniques

1. Explain how impulse buying affects money management 6.3.1
2. Explain how conspicuous consumption affects money management 6.3.2

6.4 Identify steps in developing a spending plan

1. Create a personal spending plan 6.4.1

6.5 List types of checking accounts and savings plans

1. Explore types of checking accounts and savings plans 6.5.1
2. Demonstrate check writing, check recording, and reconciliation skills 6.5.2

6.6 List types of credit

1. Explore types of credit 6.6.1

6.7 State advantages and disadvantages of credit

1. Analyze purchases and services that warrant the use of credit 6.7.1
2. Research costs of using credit 6.7.2

6.8 List information found on a typical credit report

1. Explore www.freecreditreport.com website 6.8.1

6.9 Identify ways to establish and maintain a good credit rating

1. Explain the importance of having a good credit rating 6.9.1
2. Discuss the importance of maintaining a good credit rating 6.9.2

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6.10 Name factors that influence consumer decision-making

1. Explore advertising techniques `6.10.1`

6.11 List efficient shopping techniques

1. Discuss comparison shopping `6.11.1`

6.12 Identify resources available to help individuals and families cope with financial problems

1. Explore positive and negative choices for families experiencing financial problems `6.12.1`

6.13 List types of insurance

1. Invite guest speaker to explain insurance `6.13.1`
2. Discuss benefits of insurance coverage `6.13.2`
3. Explore ways to reduce insurance costs `6.13.3`

6.14 Identify ways economic needs change during stages in the family life cycle

1. Discuss money management strategies during various stages of the family life cycle `6.14.1`
2. Analyze money management strategies for family members with special needs `6.14.2`
3. Create a family financial plan `6.14.3`

6.15 List ways to prepare for financial security (include IRA's, Social Security, Retirement Plans, Annuities, etc.)

1. Explore timing and growth of investments `6.15.1`

Civic Responsibility

7.1 Define terms related to civic responsibility

1. Match terms related to civic responsibility `7.1.1`

7.2 Identify rights and responsibilities of citizenship

1. Examine your rights as a citizen `7.2.1`
2. Examine your responsibilities as a citizen (including volunteering) `7.2.2`

7.3 List citizens' responsibilities toward ecology

1. Illustrate how an individual can impact the ecology of their community `7.3.1`

7.4 List reasons for taxes

1. Discuss services supported by taxes (including military, education, transportation, health, etc.) `7.4.1`

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Identify ways individuals and families influence government (including voting, letter writing, campaigning, etc.)

1. Demonstrate ways to influence government 7.5.1

7.6 State the requirements for voting

1. Research Arkansas voting requirements and procedures 7.6.1

7.7 State the requirements for selective service registration

1. Research draft eligibility 7.7.1

7.8 State appropriate behaviors regarding the pledge of allegiance, flag presentation, and singing of the National anthem and school alma mater

1. Demonstrate appropriate behaviors regarding the pledge of allegiance, flag presentation, and singing of the National anthem and school alma mater 7.8.1

Healthy Living

8.1 Define terms related to healthy living

1. Match terms related to healthy living 8.1.1

8.2 Discuss the Dietary Guidelines for Americans

1. Explore www.mypyramid.gov 8.2.1
2. Analyze a nutrition facts panel 8.2.2
3. Develop a plan for weight management 8.2.3
4. Develop guidelines for making nutritious food choices when eating out 8.2.4

8.3 List factors which promote wellness

1. Develop a plan for personal wellness 8.3.1

8.4 Discuss factors which are damaging to a healthy lifestyle (include tobacco, alcohol, substance abuse, eating disorders and wreckless behaviors)

1. Analyze consequences of negative behavior 8.4.1

8.5 Name factors that influence meal planning decisions

1. Explain how using a food budget can help control spending on food 8.5.1
2. Identify meal planning strategies for families 8.5.2

Housing Decisions

9.1 Define terms related to housing decisions

1. Match terms related to housing decisions 9.1.1

9.2 State factors to consider when choosing housing to meet the needs of all family members

1. Use the decision making process to determine housing needs 9.2.1
2. Plan housing to accommodate family members with special needs 9.2.2

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List government assisted programs to help families meet housing needs

1. Analyze requirements for each type of government housing program 9.3.1

9.4 Identify ways to make a home and neighborhood safe

1. Develop a safety checklist for each room in the house (kitchen, bathroom, bedroom, storage areas, living area) 9.4.1
2. Develop a plan to keep your neighborhood safe 9.4.2

9.5 Determine the amount of money a family can afford to spend on housing

1. Calculate the amount of money various families can afford to spend on housing 9.5.1

9.6 Identify decisions that impact housing choices

1. Explore housing options 9.6.1
2. Compare resources (such as time, energy, money, skills, and knowledge) involved in renting and buying housing 9.6.2
3. Examine pros and cons of renting and buying housing 9.6.3

9.7 Examine current housing trends

1. Predict future housing trends 9.7.1

Career Planning

10.1 Define terms related to career planning

1. Match terms related to career planning 10.1.1

10.2 Name factors to consider when choosing a job/career

1. Compare and contrast differences and similarities of jobs and careers 10.2.1
2. Analyze job trends 10.2.2

10.3 Describe effects of career choices on individuals and families

1. Analyze the effects of career choice on individuals 10.3.1
2. Analyze the effects of career choice on families 10.3.2

10.4 Identify ways families influence job/career choices

1. Explain ways family influence job/career choices 10.4.1

10.5 List reasons for job/career changes

1. Describe the impact of job/career changes on the family 10.5.1

10.6 Name steps in developing a career plan

1. Investigate career options 10.6.1
2. Develop a career plan 10.6.2
3. Evaluate job trends as it relates to career plan 10.6.3

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10.7 Examine sources for education and training

1. Research sources for education and training `10.7.1`

10.8 Name ways to cut education and training costs

1. Compare/contrast the differences/similarities between grants, student loans, and scholarships `10.8.1`

10.9 Identify employability skills

1. Construct a résumé `10.9.1`
2. Complete an application `10.9.2`
3. Write a cover letter `10.9.3`
4. Demonstrate job interview skills `10.9.4`
5. Explain work ethics `10.9.5`