Arkansas CTE

Human Relations: Grades 9, 10, 11, 12

Adopted 2009

Personality Development and Exploration

1.1 Define terms related to personality development and exploration

1. Demonstrate knowledge of personal development terms using correct context 1.1.1

1.2 State basic needs of individuals

1. Interpret how Maslow's Hierarchy of needs relates to personality development 1.2.1
2. Analyze and apply what has been learned about Abraham Maslow to organize the basic needs of individuals using real-life scenarios 1.2.2

1.3 Describe how heredity and environment affect personal development

1. Justify personal response to Kurt Lewin's belief that both nature and nurture interact to shape personality 1.3.1

1.4 Describe how perception is related to attitude and tolerance

1. Analyze how perception can change your attitude for tolerance 1.4.1
2. Compare and contrast how personal perception is different from other's perceptions 1.4.2

**1.5 Explain the theory of multiple intelligences and describe how it correlates to personal development
linguistic
logical
musical
bodily (kinesthetic)
spatial
interpersonal
intrapersonal
naturalist
spiritual
moral
**

1. Apply Howard Garner's theory of multiple intelligences to better understand self (linguistic, logical, musical, bodily kinesthetic, spatial, interpersonal, intrapersonal, naturalist, spiritual and moral) 1.5.1

1.6 Explain various learning styles and how they correlate to intellectual growth and maturity

1. Identify personal learning styles 1.6.1
2. Investigate how knowledge of learning styles can be used to enhance student performance 1.6.2

Skip to main content

1.7 Discuss values and goals

1. List values and rank them in order of personal preference 1.7.1
2. Determine personal goals 1.7.2
3. Discuss how values develop and change according to Lawrence Kohlberg's theory of moral development 1.7.3

1.8 Explain the value of high self esteem in personal development

1. Discuss factors that influence self esteem including physical health, mental health and environment 1.8.1
2. Utilize the FCCLA National Program Power of One: A Better You 1.8.2

1.9 Identify traits of introverts, extroverts, and ambiverts

1. Apply Carl Jung's theory of personality types to better understand self 1.9.1

Decision Making

2.1 Define terms related to decision making

1. Demonstrate knowledge of decision making terms using correct context 2.1.1

2.2 Discuss wants and needs

1. Identify individual wants and needs and explore how they are related to decision making 2.2.1

2.3 Describe human and non-human resources

1. Investigate how resources affect personal decisions 2.3.1

2.4 Describe major and routine decisions

1. Explore possible repercussions of decisions 2.4.1

2.5 State steps in the decision making process

1. Apply steps in the decision making process to a problem 2.5.1
2. Use the FCCLA Planning Process in a decision making process 2.5.2

2.6 List advantages of the decision making process

1. Compare and contrast possible outcomes of real life situations with and without the decision making process 2.6.1

2.7 Relate values and goals to decision making

1. Identify individual values and goals and explore how they are related to decision making 2.7.1

2.8 Discuss positive and negative effects of using technology in decision making

1. Explore factors that determine the validity of technology tools available to assist in making decisions (Included but not limited to purpose, URL address, domain, authorship, links, site maintenance) 2.8.1

Skip to main content

Communication

3.1 Match terms related to communication

1. Demonstrate knowledge of communication terms using correct context 3.1.1

3.2 Discuss types of communication

1. Demonstrate examples of verbal and non-verbal communication 3.2.1

**3.3 Explain levels of communication
cliché
response
sharing
emotion
complete openness
**

1. Categorize communication levels 3.3.1
2. Identify what levels of communication are appropriate for various audiences and social situations 3.3.2

**3.4 Identify barriers to effective communication
gender
language/slang
culture
interrupting
withdrawal
prejudice
stereotypes
gossip
**

1. Find solutions to deal with possible barriers to effective communication 3.4.1

3.5 Discuss ways to improve communication

1. Role Play ways to improve communication (using I, You, and We Messages) 3.5.1
2. Analyze the effect of communication on relationships 3.5.2
3. Make use of the FCCLA STAR Events: Illustrated Talk 3.5.3

3.6 Identify the various effects of technology on communication

1. Analyze the benefits of using technology to communicate (speed, ease, economical, etc) 3.6.1
2. Analyze drawbacks of using technology to communicate (misinterpretation, safety, less personal, grammar, gender barriers, etc) 3.6.2

**3.7 Discuss issues that could create conflict
difference of opinion
generational issues
bullying
hazing
respect
cliques
etc.
**

1. Identify common sources of conflict (peers, parents, authority, siblings, co-workers) 3.7.1

**3.8 Explain the process of conflict resolution
gather information
define the problem
identify alternative solutions
identify possible solutions
reaching an agreement
**

1. Recommend methods of resolving conflict (role playing, copying methods, agree to disagree) 3.8.1
2. Research Sigmund Freud's theory of defense mechanisms and apply to real world situations 3.8.2

Skip to main content

Relationships within the Family

4.1 Define terms related to relationships within the family

1. Demonstrate knowledge of relationship terms using correct context 4.1.1

**4.2 Describe types of family structures
Nuclear
Adoptive
Extended
Blended
Single-Parent
**

1. Classify family structures within society 4.2.1

**4.3 List functions of the family
love and affection
protection
education
teach values
financial support
procreation
guidance
socialization
recreation
**

1. Analyze Maslow's Hierarchy of Needs and apply as it relates to the functions of the family 4.3.1
2. Create a project describing your family (examples: poster, scrapbook, family newsletter, collage, family webpage, etc.) 4.3.2

**4.4 Name characteristics of a strong, functional family
good communication
respect each other
commitment/unity
trust
spending time together
**

1. Compare the differences of a functional and dysfunctional family 4.4.1
2. Make use of the FCCLA National Program Families First: Families Today-Understand and Celebrate Families 4.4.2

4.5 Explain how relationships change through the family life

1. Identify challenges family members face in various stages of the family life cycle 4.5.1
2. Categorize stages of the family life cycle into Erik Erikson's 8 Stages of Human Development 4.5.2
3. Make use of the FCCLA National Program Families First: You-Me-Us Strengthening Family Relationships 4.5.3

4.6 Define family crisis

1. Discuss situations that can cause crisis within the family unit 4.6.1
2. Research local resources available to families in crisis 4.6.2
3. Make use of the FCCLA National Program Families First: You-Me-Us Strengthening Family Relationships 4.6.3

4.7 Describe effects of technology on family relationships

1. Recognize the positive aspects of technology on family relationships (organization, communication, budgeting, etc) 4.7.1
2. Recognize the negative consequences of technology on family relationships (addictive behaviors, family isolation, etc) 4.7.2

Skip to main content

**4.8 Discuss trends which affect the family
mobility
aging
economic changes
workplace changes
**

1. Tell how current issues and societal trends affect the family 4.8.1

Relationships outside the Family

5.1 Define terms related to relationships outside the family

1. Demonstrate knowledge of relationship terms using correct context 5.1.1

**5.2 Summarize characteristics of healthy friendships
emotional support
models for imitation
opportunities to practice roles
**

1. Analyze the importance of friendships 5.2.1

5.3 Identify influences of peers

1. Examine the influences of peers throughout the life cycle 5.3.1
2. Recognize warning signs of toxic friends (User, Betrayer, Control Freak, Judge, Promise Breaker, Gossiper, Self-centered Person, Competitor, and Learner) www.toxicfriendship.org 5.3.2
3. Investigate the importance of setting personal boundaries or limits 5.3.3

**5.4 Discuss reasons for dating
recreation
social status
ego needs
mate selection
learning about the opposite sex
etc.
**

1. Explain the purposes of dating 5.4.1

**5.5 Name types of dating
group dating
steady dating
random
on-line relationship
**

1. Research dating patterns (group dating, steady dating, random, on-line relationships) 5.5.1

5.6 Explain the difference between love and infatuation

1. Compare and contrast feelings associated with love and infatuation 5.6.1

5.7 Identify consequences of Sexually Transmitted Diseases

1. Analyze the effects of Sexually Transmitted Diseases on:
Self esteem
Health
Relationships
Families 5.7.1

5.8 Distinguish characteristics of healthy and unhealthy relationships

1. Compare and contrast traits of healthy and unhealthy relationships (communications, trust, respect, etc) 5.8.1
2. Examine ways to end relationships 5.8.2

**5.9 List factors which affect mate selection
similarities
parent image
proximity
role expectations
complimentary needs
family backgrounds
**

Skip to main content

1. Discuss characteristics of a desirable mate (Similarities, parent image, proximity, role expectations, complimentary needs, family backgrounds) 5.9.1

Relationships at Work and in the Community

6.1 Define terms related to work and community relationships

1. Demonstrate knowledge of relationship terms using correct context 6.1.1

6.2 Identify characteristics desired by employers

1. Explain the importance of punctuality, attendance, integrity, work ethics, initiative, and courtesy 6.2.1
2. List teamwork and leadership skills in the workplace 6.2.2
3. Explain the consequences of not complying to established rules, regulations, and policies 6.2.3
4. Describe the impact of technology on work relationships (telecommuting, social network sites, e-mail ethics, personal use at work) 6.2.4
5. Explore the importance of respecting others values, cultures, and traditions 6.2.5
6. Apply the FCCLA National Program Career Connections 6.2.6

6.3 Describe ways to deal with conflict in the workplace

1. Discuss ways to settle disagreements between employees 6.3.1
2. Discuss way to settle disagreements with an employer 6.3.2
3. Create Scenarios that depict working with others and handling criticism, disagreement and disappointment 6.3.3

6.4 State the value of volunteerism

1. Analyze the value of volunteering to the community 6.4.1
2. Analyze the importance of civic responsibility 6.4.2
3. Incorporate the FCCLA STAR Event: Community Service 6.4.3