California Transformative Social and Emotional Learning (T-SEL) Competencies

Relationship Skills: Adult

Identity	A	Adults model prosocial relationships with colleagues and students alike by using appropriate communication when a personal value is compromised. 4.A.5
	B	Adults understand differences in leadership models, such as autocratic, democratic, distributive, etc. Adults demonstrate leadership among their colleagues, with families, and with students, and share their own leadership strategies and successes. 4.B.5
Belonging	C	Adults model being trusting friends, showing culturally affirming gratitude, and maintaining healthy relationships among people of different ages, races, cultures, linguistic backgrounds, neurodivergence, ability, genders, and sexual orientations. 4.C.5
	D	Adults model cultural humility and dedication to continuously strive toward cultural competence. Adults remain curious about and respectful of others' cultures, view difference as an asset, and share their own cultural experiences. 4.D.5
Agency	E	Adults model the process of working with others to solve problems, engaging in active listening, practicing reciprocal vulnerability, and contributing to the common good. 4.E.5
	F	Adults model employing restorative justice steps including the five R's of relationship, respect, responsibility, repair, and reintegration. Adults adopt a restorative, healing-focused stance in their relationships with students and other adults. 4.F.5
	G	Adults use nonviolent communication to clearly express their needs, advocate for themselves, and compromise with others. Adults are emotionally present and available to students, families, and colleagues. 4.G.5
	H	Adults regularly call out inequities, advocate for social and racial justice, and take action to promote the well-being, humanity, and dignity of others. 4.H.5