

Dance: Novice

Movement, Technique, and Performance DA.NO.1

1 Demonstrate developing dance technique, vocabulary, and skill in various styles with emerging dynamic expression. DA.NO.1.1

- a Demonstrate kinesthetic alignment appropriate to the genre. DA.NO.1.1.A
- c Perform movement sequences with clarity of movement and attention to detail. DA.NO.1.1.C
- b Distinguish the qualities required for dynamic expression in movement. DA.NO.1.1.B

2 Develop alignment and control while moving. DA.NO.1.2

- a Apply self-awareness to safe body movement. DA.NO.1.2.A
- b Examine how healthful strategies (e.g., nutrition, injury prevention, emotional health, overall functioning) and safe body-use practices are essential for the dancer. DA.NO.1.2.B
- c Examine how kinesthetic principles and various body systems (e.g., cardiovascular, respiratory, musculoskeletal) relate to the dancing body. DA.NO.1.2.C
- d Develop organization and self-awareness of the body while moving (e.g., balance, coordination, flexibility, alignment, core strength). DA.NO.1.2.D
- e Explore movement that develops a wide range of motion, muscular flexibility, strength, and endurance. DA.NO.1.2.E

3 Develop movement strategies to perform a specific intent. DA.NO.1.3

- a Collaborate to refine dances and clearly communicate intent. DA.NO.1.3.A
- b Communicate to establish clear rehearsal and performance expectations. DA.NO.1.3.B

Create, Compose, and Choreograph DA.NO.2

1 Improvise movement based on both existing knowledge and new discoveries. DA.NO.2.1

- a Experiment with movement elements in a variety of combinations. DA.NO.2.1.A
- b Develop basic improvisational skills and techniques. DA.NO.2.1.B
- c Identify patterns, connections, and individual creative choices through improvisation. DA.NO.2.1.C
- d Adapt ideas to fit the needs of oneself or group. DA.NO.2.1.D

2 Create dance studies alone or in groups using a variety of themes and structures that have an intent. DA.NO.2.2

- a Create, revise, and perform dance sequences that demonstrate various dance techniques and individuality. [DA.NO.2.2.A](#)
 - b Create, revise, and perform dances with a clear beginning, middle, and end utilizing transitions that serve the artistic intent. [DA.NO.2.2.B](#)
 - c Identify and compare the creative choices made in choreography. [DA.NO.2.2.C](#)
-

Historical and Cultural Context [DA.NO.3](#)

1 Demonstrate and explore arranging movements and terminology consistent with different eras and cultures. [DA.NO.3.1](#)

- a Observe and describe movements from various cultures and eras using existing knowledge. [DA.NO.3.1.A](#)
 - b Perform movements specific to various cultures and eras. [DA.NO.3.1.B](#)
 - c Compare and contrast dances from various cultures. [DA.NO.3.1.C](#)
-

2 Identify, with supporting evidence, elements of a dance form's era and culture. [DA.NO.3.2](#)

- a Identify and examine dances of the past and dances of the present. [DA.NO.3.2.A](#)
 - b Identify similarities and differences of dances in cultures. [DA.NO.3.2.B](#)
 - c Identify and draw conclusions about contributions of dance to its culture or era. [DA.NO.3.2.C](#)
-

Reflect, Connect, and Respond [DA.NO.4](#)

1 Explain theme, meaning, and structure in a variety of dances. [DA.NO.4.1](#)

- a Identify and describe the movement content of a particular dance work and the effect each component has on the work. [DA.NO.4.1.A](#)
 - b Compare and contrast a variety of performances. [DA.NO.4.1.B](#)
-

2 Discover the relationship of dance to other art forms, school subjects, professions, and the community. [DA.NO.4.2](#)

- a Explore how dance relates to a variety of other academic content areas. [DA.NO.4.2.A](#)
- b Describe the impact of dance in a variety of social media settings. [DA.NO.4.2.B](#)
- c Analyze how arts in the community are related to one another. [DA.NO.4.2.C](#)