

Dance: Grade 5

Creating

- 1 Demonstrate an understanding of the choreographic process.** ESD5.CR.1
 - a Create shapes and levels through movement. ESD5.CR.1.A
 - b Create movement phrases with or without music. ESD5.CR.1.B
 - c Demonstrate knowledge of compositional elements through movement (e.g. beginning, middle, end, transitions). ESD5.CR.1.C
 - d Create movement based on student generated ideas or feelings. ESD5.CR.1.D
 - e Apply dance technique principles to choreography. ESD5.CR.1.E
 - f Create and accurately repeat a dance phrase, then vary it using the elements (e.g. body, time, space, energy). ESD5.CR.1.F
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- 2 Demonstrate an understanding of dance as a form of communication.** ESD5.CR.2
 - a Use movement to tell a story. ESD5.CR.2.A
 - b Use improvisation to discover and invent movement. ESD5.CR.2.B
 - c Discuss the experience of performing a choreographed work. ESD5.CR.2.C
 - d Describe the similarities and differences between observing live and recorded dance performance. ESD5.CR.2.D

Performing

- 1 Identify and demonstrate movement elements, technique, and terminology in ballet and jazz.** ESD5.PR.1
 - a Participate in dance technique based warm-up. ESD5.PR.1.A
 - b Demonstrate knowledge of dance terminology and basic principles of dance technique. ESD5.PR.1.B
 - c Demonstrate accuracy, focus, control, and coordination in performing locomotor sequences. ESD5.PR.1.C
 - d Implement the use of props within a movement sequence. ESD5.PR.1.D
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- 2 Understand and model dance etiquette as a classroom participant, performer, and observer.** ESD5.PR.2
 - a Demonstrate attentiveness, full participation, and cooperation with others in the dance learning and performance environment. ESD5.PR.2.A
 - b Demonstrate focus, concentration, and self-discipline in the performance of skills. ESD5.PR.2.B

- c Apply knowledge of appropriate behaviors and skills as an audience member and dance observer. [ESD5.PR.2.C](#)
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3 Identify the relationship between human anatomy and movement. [ESD5.PR.3](#)

- a Identify fundamental principles of injury prevention. [ESD5.PR.3.A](#)
 - b Understand how strength and endurance are developed through dance skills. [ESD5.PR.3.B](#)
 - c Recognize and identify fundamental muscles, bones, and joints. [ESD5.PR.3.C](#)
 - d Demonstrate proper alignment and placement. [ESD5.PR.3.D](#)
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4 Understand and apply music concepts to dance. [ESD5.PR.4](#)

- a Demonstrate and create movement in response to a variety of musical selections. [ESD5.PR.4.A](#)
 - b Demonstrate musicality while performing dance phrases. [ESD5.PR.4.B](#)
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Responding

1 Demonstrate critical and creative thinking in dance. [ESD5.RE.1](#)

- a Explain basic features that distinguish one kind of dance from another (e.g. speed, force/energy use, costume, setting, music). [ESD5.RE.1.A](#)
 - b Compare and contrast two different choreographed works. [ESD5.RE.1.B](#)
 - c Develop and communicate personal interpretation of a choreographed work. [ESD5.RE.1.C](#)
 - d Discuss dance as a means of communication, expression, and interaction through simple composition with competence and confidence. [ESD5.RE.1.D](#)
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Connecting

1 Understand and demonstrate dance throughout history and in various cultures. [ESD5.CN.1](#)

- a Participate in dance activities representing various cultures. [ESD5.CN.1.A](#)
 - b Understand the reason for dance in other cultures. [ESD5.CN.1.B](#)
 - c Demonstrate the similarities and differences in various dance styles throughout history (e.g. ballet, jazz, tap, folk). [ESD5.CN.1.C](#)
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2 Recognize connections between dance and wellness. [ESD5.CN.2](#)

- a Practice habits of health, hygiene, and nutrition to enhance dance ability. [ESD5.CN.2.A](#)
 - b Demonstrate the elements of personal safety in dance. [ESD5.CN.2.B](#)
 - c Demonstrate respect for personal well-being and the well-being of others. [ESD5.CN.2.C](#)
 - d Investigate how dance promotes body wellness (e.g. strength, endurance, balance, agility, flexibility, positive body image). [ESD5.CN.2.D](#)
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3 Integrate dance into other areas of knowledge. [ESD5.CN.3](#)

- a Compare and contrast dance to other arts and subject areas. **ESD5.CN.3.A**
- b Utilize technological tools and media to create and communicate about dance. **ESD5.CN.3.B**