

Grades 11, 12 (1997)

Adopted 1997

Develop self-awareness and self-management skills to achieve school and life success.

Identify and manage one's emotions and behavior.

5a. Evaluate how expressing one's emotions in different situations affects others. **1A.5A**

5b. Evaluate how expressing more positive attitudes influences others. **1A.5B**

Recognize personal qualities and external supports.

5a. Implement a plan to build on a strength, meet a need, or address a challenge. **1B.5A**

5b. Evaluate how developing interests and filling useful roles support school and life success. **1B.5B**

Demonstrate skills related to achieving personal and academic goals.

5a. Set a post-secondary goal with action steps, timeframes, and criteria for evaluating achievement. **1C.5A**

5b. Monitor progress toward achieving a goal, and evaluate one's performance against criteria. **1C.5B**

Use social-awareness and interpersonal skills to establish and maintain positive relationships.

Recognize the feelings and perspectives of others.

5a. Demonstrate how to express understanding of those who hold different opinions. **2A.5A**

5b. Demonstrate ways to express empathy for others. **2A.5B**

Recognize individual and group similarities and differences.

5a. Evaluate strategies for being respectful of others and opposing stereotyping and prejudice. **2B.5A**

5b. Evaluate how advocacy for the rights of others contributes to the common good. **2B.5B**

Use communication and social skills to interact effectively with others.

5a. Evaluate the application of communication and social skills in daily interactions with peers, teachers, and families. **2C.5A**

5b. Plan, implement, and evaluate participation in a group project. **2C.5B**

Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

- 5a. Evaluate the effects of using negotiation skills to reach win-win solutions. 2D.5A
 - 5b. Evaluate current conflict-resolution skills and plan how to improve them. 2D.5B
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Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Consider ethical, safety, and societal factors in making decisions.

- 5a. Apply ethical reasoning to evaluate societal practices. 3A.5A
 - 5b. Examine how the norms of different societies and cultures influence their members' decisions and behaviors. 3A.5B
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Apply decision-making skills to deal responsibly with daily academic and social situations.

- 5a. Analyze how present decision making affects college and career choices. 3B.5A
 - 5b. Evaluate how responsible decision making affects interpersonal and group relationships. 3B.5B
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Contribute to the well-being of one's school and community.

- 5a. Work cooperatively with others to plan, implement, and evaluate a project to meet an identified school need. 3C.5A
- 5b. Work cooperatively with others to plan, implement, and evaluate a project that addresses an identified need in the broader community. 3C.5B