

Grades 4, 5 (1997)

Adopted 1997

Develop self-awareness and self-management skills to achieve school and life success.

Identify and manage one's emotions and behavior.

2a. Describe a range of emotions and the situations that cause them. **1A. 2A**

2b. Describe and demonstrate ways to express emotions in a socially acceptable manner. **1A. 2B**

Recognize personal qualities and external supports.

2a. Describe personal skills and interests that one wants to develop. **1B. 2A**

2b. Explain how family members, peers, school personnel, and community members can support school success and responsible behavior. **1B. 2B**

Demonstrate skills related to achieving personal and academic goals.

2a. Describe the steps in setting and working toward goal achievement. **1C. 2A**

2b. Monitor progress on achieving a short-term personal goal. **1C. 2B**

Use social-awareness and interpersonal skills to establish and maintain positive relationships.

Recognize the feelings and perspectives of others.

2a. Identify verbal, physical, and situational cues that indicate how others may feel. **2A. 2A**

2b. Describe the expressed feelings and perspectives of others. **2A. 2B**

Recognize individual and group similarities and differences.

2a. Identify differences among and contributions of various social and cultural groups. **2B. 2A**

2b. Demonstrate how to work effectively with those who are different from oneself. **2B. 2B**

Use communication and social skills to interact effectively with others.

2a. Describe approaches for making and keeping friends. **2C. 2A**

2b. Analyze ways to work effectively in groups. **2C. 2B**

Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

2a. Describe causes and consequences of conflicts. **2D. 2A**

2b. Apply constructive approaches in resolving conflicts. **2D. 2B**

Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Consider ethical, safety, and societal factors in making decisions.

- 2a. Demonstrate the ability to respect the rights of self and others. 3A.2A
- 2b. Demonstrate knowledge of how social norms affect decision making and behavior. 3A.2B

Apply decision-making skills to deal responsibly with daily academic and social situations.

- 2a. Identify and apply the steps of systematic decision making. 3B.2A
- 2b. Generate alternative solutions and evaluate their consequences for a range of academic and social situations. 3B.2B

Contribute to the well-being of one's school and community.

- 2a. Identify and perform roles that contribute to the school community. 3C.2A
- 2b. Identify and perform roles that contribute to one's local community. 3C.2B