

Grades 9, 10 (1997)

Adopted 1997

Develop self-awareness and self-management skills to achieve school and life success.

Identify and manage one's emotions and behavior.

4a. Analyze how thoughts and emotions affect decision making and responsible behavior. **1A.4A**

4b. Generate ways to develop more positive attitudes. **1A.4B**

Recognize personal qualities and external supports.

4a. Set priorities in building on strengths and identifying areas for improvement. **1B.4A**

4b. Analyze how positive adult role models and support systems contribute to school and life success. **1B.4B**

Demonstrate skills related to achieving personal and academic goals.

4a. Identify strategies to make use of resources and overcome obstacles to achieve goals. **1C.4A**

4b. Apply strategies to overcome obstacles to goal achievement. **1C.4B**

Use social-awareness and interpersonal skills to establish and maintain positive relationships.

Recognize the feelings and perspectives of others.

4a. Analyze similarities and differences between one's own and others' perspectives. **2A.4A**

4b. Use conversation skills to understand others' feelings and perspectives. **2A.4B**

Recognize individual and group similarities and differences.

4a. Analyze the origins and negative effects of stereotyping and prejudice. **2B.4A**

4b. Demonstrate respect for individuals from different social and cultural groups. **2B.4B**

Use communication and social skills to interact effectively with others.

4a. Evaluate the effects of requesting support from and providing support to others. **2C.4A**

4b. Evaluate one's contribution in groups as a member and leader. **2C.4B**

Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

- 4a. Analyze how listening and talking accurately help in resolving conflicts. 2D.4A
 - 4b. Analyze how conflict-resolution skills contribute to work within a group. 2D.4B
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Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Consider ethical, safety, and societal factors in making decisions.

- 4a. Demonstrate personal responsibility in making ethical decisions. 3A.4A
 - 4b. Evaluate how social norms and the expectations of authority influence personal decisions and actions. 3A.4B
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Apply decision-making skills to deal responsibly with daily academic and social situations.

- 4a. Evaluate personal abilities to gather information, generate alternatives, and anticipate the consequences of decisions. 3B.4A
 - 4b. Apply decision-making skills to establish responsible social and work relationships. 3B.4B
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Contribute to the well-being of one's school and community.

- 4a. Plan, implement, and evaluate one's participation in activities and organizations that improve school climate. 3C.4A
- 4b. Plan, implement, and evaluate one's participation in a group effort to contribute to one's local community. 3C.4B