

# Student Wellbeing: K-Grade 2

## Sense of Self

### 1 Demonstrate self awareness and confidence SW1.1

- a Recognize and demonstrate an understanding of selfconfidence in attempting new skills. K-2.M.3
  - b Develop confidence, with the support of adult educators, when participating in the learning environment. K-2.M.4
  - c Identify personal interests and preferences. K-2.LS.4
  - d Begin exploring both the similarities and differences between self and others. K-2.SE.4
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### 2 Demonstrate identification and expression of emotions SW1.2

- a Become aware of socially acceptable behavior with the support of adult educators. K-2.SE.3
  - b Respond appropriately to greetings and begin to learn how nonverbal communication expresses how others feel and what others might be thinking. K-2.SE.5
  - c Express needs, wants, and feelings in a healthy way HW K-2.4.3
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## Self-Regulation

### 1 Demonstrate self control SW2.1

- a Begin to demonstrate understanding of classroom guidelines/rules, and the consequences when they are not followed. K-2.SE.1
  - b Begin to take responsibility for classroom roles and role as a learner. K-2.SE.2
  - c Recognize and understand the components of self-discipline. K-2.WE.1
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## Conflict Resolution

### 1 Demonstrate conflict resolution SW3.1

- a Begin to develop an understanding of what it means to be adaptable. K-2.WE.5
  - b Become aware of socially acceptable behavior with the support of adult educators. K-2.SE.3
  - c Identify and explain healthy strategies to manage and resolve conflict. HW K-2.4.7
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## Building Relationships

### 1 Demonstrate relationship skills SW4.1

- a Begin to develop an understanding of what it means to be adaptable. K-2.WE.5
- b Become aware of socially acceptable behavior with the support of adult educators. K-2.SE.3
- c Begin exploring both the similarities and differences between self and others. K-2.SE.4
- d Respond appropriately to greetings and begin to learn how nonverbal communication expresses how others feel and what others might be thinking. K-2.SE.5
- e Model ways to treat people with kindness and respect. HW K-2.4.4