

# Social and Emotional Development: Preschool (3-5 years)

Children express a positive awareness of self in terms of specific abilities, characteristics, and preferences. **1.1.PS**

- a** The child expresses a positive sense of self in terms of specific abilities. **1.1.PS.1**
- b** The child expresses needs, wants, opinions, and feelings in socially appropriate ways. **1.1.PS.2**
- c** The child demonstrates increasing confidence and independence in a variety of tasks and routines, and expresses pride in accomplishments. **1.1.PS.3**
- d** The child recognizes own power to make choices. **1.1.PS.4**

Children show increasing ability to regulate their behavior and express their emotions in appropriate ways. **1.2.PS**

- a** The child demonstrates the ability to monitor his or her own behavior and its effects on others, following and contributing to adult expectations. **1.2.PS.1**
- b** The child persists with difficult tasks without becoming overly frustrated. **1.2.PS.2**
- c** The child begins to accept consequences of his or her own actions. **1.2.PS.3**
- d** The child manages transitions and changes to routines. **1.2.PS.4**
- e** The child states feelings, needs, and opinions in difficult situations without harming self, others, or property. **1.2.PS.5**
- f** The child expresses an increasing range and variety of emotions, and the transitions between feeling states become smoother. **1.2.PS.6**

Children relate positively with significant adults. **1.3.PS**

- a** The child interacts comfortably with familiar adults. **1.3.PS.1**
- b** The child accepts guidance, comfort, and directions from a range of familiar adults in a variety of environments. **1.3.PS.2**
- c** The child expresses affection toward familiar adults. **1.3.PS.3**
- d** The child shows trust in familiar adults. **1.3.PS.4**
- e** The child seeks help, as needed, from familiar adults. **1.3.PS.5**

**Children respond to and initiate appropriate interactions with other children, and form positive peer relationships.** 1.4.PS

**a** The child initiates and sustains positive interactions with peers, and organizes play. 1.4.PS.1

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**b** The child wants to please and be like friends. 1.4.PS.2

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**c** The child negotiates with others to resolve disagreements. 1.4.PS.3

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**d** The child develops friendships with other children (peers); starts to demonstrate taking turns and sharing with others. 1.4.PS.4

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**e** The child expresses empathy to other children (peers), and demonstrates caring behaviors. 1.4.PS.5

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**f** The child accepts consequences of his or her actions. 1.4.PS.6

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**g** The child recognizes how behaviors can affect others. 1.4.PS.7

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**h** The child names friends. 1.4.PS.8