Kansas CTE

Introduction to Family and Consumer Sciences - Kansas Human Services Cluster - Course: #22207

CIP Codes: Family: 19.0799; Early Child: 19.0709; Teach: 13.0101; Restaurant: 12.0504; Travel: 52.0901; Visual Arts: 50.0499

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Comprehensive Standard: 1.0 Enhance knowledge, skills and practices required in family, work and community settings. FCS 1.0 & FCS 6.0

A **Benchmark:1.1 Evaluate the significance of family and its impact on the well-being of individuals and the community.** 1.1

1 Analyze the family as the basic unit of society. 1.1.1

2 Apply critical thinking and problem-solving in family settings. 1.1.2

3 Identify the role of Family and Consumer Sciences Education in the development of personal growth and family development. 1.1.3

4 Understand the impact of family on the community in which they live. 1.1.4

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B **Benchmark: 1.2 Analyze functions and expectations of positive interpersonal relationships**

1. Understand the interrelationship of communication modes (i.e. verbal, nonverbal, written, social media, listening, processing, and responding). 1.2.1
2. Use appropriate communication strategies for the most effective outcome. 1.2.2
3. Demonstrate the use of verbal, listening, and writing skills to communicate clearly. 1.2.3
4. Respect others in diverse personal, family and community settings. 1.2.4
5. Apply the roles of decision making and problem solving in reducing and managing conflict. 1.2.5
6. Identify situations that require personal intervention and those that require professional assistance 1.2.6
7. Manage the physical and social environment to reduce conflict and promote safety in a variety of settings (i.e. family, work, community, and cyberspace). 1.2.7

C **Benchmark: 1.3 Evaluate relationships that maximize human growth and development.** 1.3

1. Identify strategies that promote human development, including children's growth and development. 1.3.1

D **Benchmark: 1.4 Analyze management strategies of personal resources to meet goals.**

2. List criteria for providing quality care of people across the lifespan (as a family member, care provider and employee). 1.3.2
1. Examine purpose of personal financial planning. 1.4.1
2. Identify sound management principles for personal financial practices. 1.4.2
3. Practice being a wise consumer of goods and services. 1.4.3
4. Use technology and other tools to manage personal and work (school) responsibilities. 1.4.4
5. Analyze portfolios (electronic or hard copy) to learn how to document knowledge, skills, and experience in Family and Consumer Sciences (i.e personal development and career related). 1.4.5
6. Establish a personal portfolio (electronic or hard copy) to begin to document personal achievements and experiences. 1.4.6

E **Benchmark: 1.5 Analyze the factors that influence personal and family wellness across the life span.** 1.5

1. Evaluate the relationship of physical, social, emotional, and mental wellness. 1.5.1
2. Identify reliable sources of nutrition and wellness information (i.e. labeling, FDA, USDA, CDC, KS and US agencies). 1.5.2

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3 Analyze the relationship of knowing how to cook to prevent and/or improve health conditions. (e.g. obesity, high blood pressure). 1.5.3

4 Demonstrate basic cooking skills to enhance healthy food consumption. 1.5.4

F Benchmark 1.6 Demonstrate life literacy skills required for success in the family, workplace, and community settings. 1.6

1 Compare and contrast leadership and being a leader, to teamwork and being a team player. 1.6.1

2 Research, apply, and evaluate information to accomplish tasks. 1.6.2

3 Demonstrate effective communication in family and community settings. 1.6.3

4 Demonstrate respect for diversity and cultural differences. 1.6.4

5 Create ideas, proposals, and solutions to a problem. 1.6.5

6 Determine the most appropriate response to workplace (school) situations based on legal and ethical considerations. 1.6.6

7 Demonstrate basic understanding of consumer rights and personal finance. 1.6.7

8 Demonstrate teamwork and leadership skills. 1.6.8

9 Practice balancing work and life management skills. 1.6.9

G Benchmark: 1.7 Analyze personal roles and responsibilities family, work and community settings

1 Assess personal strengths, interests, needs and preferences using formal and informal assessments. 1.7.1

2 Analyze opportunities for employment and entrepreneurial endeavors within human services and related Family and Consumer Sciences career areas. 1.7.2

3 Identify the difference between a non-profit and for-profit provider of goods and services. 1.7.3

4 Demonstrate quality work. 1.7.4

Occupational Family and Consumer Sciences Introduction: These competencies address an introduction to the range of careers which are found within Family and Consumer Sciences

- **NOTE: Select the following as deemed appropriate for the local Family and Consumer Sciences Department. One or more career paths are suggested for inclusion.**

A Benchmark: 1.8 Analyze career paths within family and community services. 1.8

1 Understand the prevention aspect of family and consumer sciences, and the intervention role of family and community services careers in meeting personal and family. 1.8.1

2 Identify the traits and skills needed to be a successful service provider in the family and community services field. 1.8.2

3 Explain the need for prevention education and advocacy within family and community services. 1.8.3

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4 Summarize the education, training and careers within family and community services (i.e. social work, family therapy, geriatric center director, child and family advocate, family and consumer sciences educator). 1.8.4

B **Benchmark: 1.9 Analyze career paths within the food science, food technologies, dietetics and nutrition industries** 1.9

1 Understand the relationship of family and consumer sciences life literacy skills as foundational to food science, technologies, dietetics and nutrition industries 1.9.1

2 Identify traits and skills need for success in the food science, food technologies, dietetics and nutrition industries. 1.9.2

3 Explain the roles and functions of individuals in food science, food technologies, dietetics and nutrition industries. 1.9.3

4 Summarize the education, training and careers in food, dietetics, nutrition and wellness (i.e. nutrition educator, dietician, family and consumer sciences educator). 1.9.4

C **Benchmark: 1.10 Analyze career paths within early childhood, education and related services.** 1.10

1 Understand the relationship of family and consumer sciences life literacy skills as foundational to early childhood, education and related services. 1.10.1

2 Identify traits and skills need for success in the education field (e.g. early child, K-12). 1.10.2

3 Explain the roles and functions of individuals in early childhood, education and related services. 1.10.3

4 Summarize the education, training and careers in early child development and services and education and training (i.e. early child education, center director, child development specialist, family and consumer sciences educator, elementary teacher, special services director). 1.10.4

D **Benchmark: 1.11 Analyze career paths within consumer service and advocacy** 1.11

1 Understand the relationship of family and consumer sciences life literacy skills as foundational to consumer and advocacy careers. 1.11.1

2 Identify traits and skills need for success in the consumer service industries. 1.11.2

3 Compare and contrast consumer service and customer service. 1.11.3

4 Explain the roles and functions of individuals in consumer service and advocacy. 1.11.4

5 Summarize the education, training and careers in consumer services and advocacy (i.e. financial planning, credit counseling, insurance, estate planning, consumer advocate, family and consumer sciences educator). 1.11.5

Benchmark: 1.12 Analyze career paths within textile, apparel and interior design industries. 1.12

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1 Understand the relationship of family and consumer sciences life literacy skills as foundational to textile, apparel and interior design industries. 1.12.1

2 Identify traits and skills need for success in the textile, apparel and interior design industries. 1.12.2

3 Explain the roles and functions of individuals in textile, apparel and interior design industries. 1.12.3

4 Summarize the education, training and careers in textile, apparel and interior design industries (i.e. interior design, interior decorator, apparel design, set design, textile design, interior and/or apparel merchandising, family and consumer sciences educator). 1.12.4

F Benchmark: 1.13 Analyze career paths within food production, culinary arts and food services industries. 1.13

1 Understand the relationship of family and consumer sciences life literacy skills as foundational to food production, culinary arts and food service industries. 1.13.1

2 Identify traits and skills need for success in the food production, culinary arts and food service industries. 1.13.2

3 Explain the roles, duties and functions of individuals in food production, culinary arts and food services industries. 1.13.3

4 Summarize the education, training and careers in food production, culinary arts and food services industries (i.e. chef, cook, restaurant manager, caterer, food stylist, wait staff, food service director, professional taste tester, food critic, Family and Consumer Sciences Educator). 1.13.4

G Benchmark 1.14 Analyze career paths within hospitality, lodging and event planning industries. 1.14

1 Understand the relationship of family and consumer sciences life literacy skills as foundational to hospitality, lodging and event planning industries. 1.14.1

2 Identify traits and skills need for success in the hospitality, lodging and event planning fields. 1.14.2

3 Explain the roles, duties and functions of individuals in hospitality, lodging and event planning careers. 1.14.3

4 Summarize the education, training and careers in hospitality, lodging and event planning (i.e. life event planner, hotel manager, bed and breakfast owner, hospitality coordinator, travel agent, tour guide and Family and Consumer Sciences Educator). 1.14.4