Approaches to Learning and Play

Mindset: involves children's developing ability to regulate their emotions, thoughts and behavior to enable them to act in positive ways toward a goal. 3

a Engagement 3.A

1 34-48 months 3.A.1

1. Eagerly chooses to be involved in a variety of tasks and activities. 3.A.1.1
2. Has capacity to maintain involvement and concentration for a meaningful period of time. 3.A.1.2

2 46-60 months End of Preschool Standards 3.A.2

1. Participates with pleasure, enthusiasm and dedication in self chosen activities. 3.A.2.1
2. Consistently remains engaged in self-directed play even with distractions, can maintain focus and return to an activity after a break. 3.A.2.2

b Persistence 3.B

1 34-48 months 3.B.1

1. Engages in a variety of activities through a play period. 3.B.1.1
2. During times of distraction, maintains concentration with increased focus. 3.B.1.2
3. Can increasingly work through challenges and frustrations in play with adult support. 3.B.1.3
4. Sees simple tasks through to completion. 3.B.1.4
5. Begins to set goals, develop plans, and complete tasks. 3.B.1.5

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2 46-60 months End of Preschool Standards 3.B.2

1 Purposefully chooses, engages and persists in play, experiences and projects. 3.B.2.1

2 Works through challenges with increasing independence while engaged in self-selected activities. 3.B.2.2

3 Demonstrates resilience and coping skills when faced with reasonable challenges, using an increased ability to regulate frustration over time. 3.B.2.3

4 Chooses to leave a project and return to it later for follow through or elaboration. 3.B.2.4

5 Chooses to repeat experiences to build competence and explore, change and extend ideas. 3.B.2.5

6 Keeps trying and flexibly adapts strategies when encountering difficulties. 3.B.2.6

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c Initiative 3.C

1 34-48 months 3.C.1

1 Shows interest in how and why others do things. 3.C.1.1

2 Assists adults with daily tasks. 3.C.1.2

3 Expresses interest in a widening range of topics and ideas. 3.C.1.3

4 Demonstrates ability to make independent choices. 3.C.1.4

2 46-60 months End of Preschool Standards 3.C.2

1 Asks to join in play already in progress. 3.C.2.1

2 Tells the difference between appropriate and inappropriate risk-taking. 3.C.2.2

3 Offers to help adults or peers with daily tasks. 3.C.2.3

4 Independently seeks, accepts or offers help or information for further understanding. 3.C.2.4

5 Can identify and seek materials, strategies and tools they need to complete activities and tasks. 3.C.2.5

6 Invents projects and works on them with little assistance. 3.C.2.6

7 Sets goals, develops plans, and follows through with self directed projects with increasing independence and/or collaboration. 3.C.2.7

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d Curiosity 3.D

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1 34-48 months 3.D.1

1 Begins to discover and investigate ideas, task, experiences that interest and amaze them. 3.D.1.1

2 Uses senses to gather information and understanding about materials and ideas. 3.D.1.2

3 Asks questions “What would happen if…” 3.D.1.3

4 Tries new ways to accomplish tasks. 3.D.1.4

5 Describes what was learned from an activity. 3.D.1.5

6 Explores a variety of materials and experiences. 3.D.1.6

2 46-60 months End of Preschool Standards 3.D.2

1 Discovers and investigates ideas, tasks, experiences that interest and amaze them. 3.D.2.1

2 Carries out investigations using familiar and new strategies, tools, or sources of information. 3.D.2.2

3 Approaches tasks and activities with increasing flexibility, complexity, imagination and inventiveness. 3.D.2.3

4 Chooses to take opportunities to explore a variety of materials and experiences, seeking out new challenges. 3.D.2.4

Executive Function 4

a Reflection 4.A

1 34-48 months 4.A.1

1 Notices changes and accomplishments from experimentation and trial and error. 4.A.1.1

2 Increasingly applies learning from prior experiences and understanding to new learning situations. 4.A.1.2

3 Makes predictions about what will happen next. 4.A.1.3

4 Explains part or all of the problem and the exploration to adults or peers. 4.A.1.4

2 46-60 months End of Preschool Standards 4.A.2

1 Thinks about multiple options, choices and decides if they are useful and if not, tries another. 4.A.2.1

2 Applies prior experiences, senses, and knowledge to new learning situations. 4.A.2.2

3 Discovers and finds patterns and relationships. 4.A.2.3

4 Draws on information to be able to review and anticipate to make if-then connections and contemplate what if situations that have not actually occurred. 4.A.2.4

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5 Discusses or documents important aspects of an experience and identifies what was learned. 4.A.2.5

1 34-48 months 4.B.1

b Problem Solving 4.B

2 46-60 months End of Preschool Standards 4.B.2

1 Predicts when something might be a problem or challenge. 4.B.2.1

2 Recognizes that problems exist and learns how to resolve simple conflicts independently or collaboratively. 4.B.2.2

3 Maintains communication and problem solving skills when finding a solution to conflicts. 4.B.2.3

c Flexibility 4.C

1 34-48 months 4.C.1

1 Generates and shares ideas during social interactions and dramatic play. 4.C.1.1

2 Accepts more than one solution to a question, task, or problem. 4.C.1.2

3 Seeks guidance from adults and/or accepts suggestions to try different approaches and solutions to tasks, problems and interactions with peers. 4.C.1.3

4 Can adjust emotions and behavior to changes. 4.C.1.4

2 46-60 months End of Preschool Standards 4.C.2

1 Independently alters approach to tasks or problem when initial approach does not work. 4.C.2.1

2 Considers, predicts and implements different approaches to carrying out a task. 4.C.2.2

3 Demonstrates innovative thinking. 4.C.2.3

4 Is able to manage a change in rules or accepts the ideas of peers during play. 4.C.2.4

Recognizes when something might be a problem or challenge. 4.B.1.1

1 Recognizes when something might be a problem or challenge. 4.B.1.1

With prompting and support begins to attempt to solve a problem. 4.B.1.2

2 With prompting and support begins to attempt to solve a problem. 4.B.1.2

Begins to use appropriate co act arise. 4.B.1.3

3 Begins to use appropriate communication or action when conflicts arise. 4.B.1.3

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Creativity, Invention, and Imagination: involves finding new ways to express ideas, use objects, and solve problems through visual arts, movement, dance, music and dramatic play. 5

a Visual Arts 5.A

1 34-48 months 5.A.1

1 Uses self-selected materials to engage in art experiences. 5.A.1.1

2 Shares art materials and space. Begins to work collaboratively with peers on artworks. 5.A.1.2

3 Uses color, lines and shapes to represent and express ideas. 5.A.1.3

4 Uses and explores art materials to stimulate the senses. Uses sensory information to create works of art. 5.A.1.4

5 Explores a variety of art elements and materials to represent creative thought, life experiences and real things in the environment. 5.A.1.5

6 With support talks about creative process. 5.A.1.6

7 Begins to identify artwork to be shared with others. 5.A.1.7

8 With support begins to make comments or share observations of the art expression of others. 5.A.1.8

9 Explores multicultural art styles and materials. 5.A.1.9

2 46-60 months End of Preschool Standards 5.A.2

1 Shows interest or participates in different art media and materials in a variety of ways for creative expression and representation. 5.A.2.1

2 Shows increasing engagement in art materials to express ideas and interests. 5.A.2.2

3 Works cooperatively to create drawings, paintings, sculptures, and other art projects. 5.A.2.3

4 Progresses in abilities to create with a variety of media that reflect more detail, uniqueness, and/or realism. 5.A.2.4

5 Explores and utilizes art materials appropriately. 5.A.2.5

6 Describes the process and style of personal artwork. 5.A.2.6

7 Selects pieces for display. 5.A.2.7

8 Listens, comments and shows appreciation for the art expression of others. 5.A.2.8

9 Explores diverse art forms, elements and styles for representing ideas, creative thought and to support learning in other learning domains. 5.A.2.9

10 Observes, discusses and may utilize multicultural art styles and materials. 5.A.2.10

b Movement and Dance 5.B

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1. 34-48 months 5.B.1
    1. Participates in a variety of rhythmic and creative movement experiences. 5.B.1.1
    2. Develops increasing body control, body awareness during creative movement. 5.B.1.2
    3. Begins to connect body movements to music, song or creative ideas. 5.B.1.3
    4. Begins to participate in group movement/dance. 5.B.1.4
2. 46-60 months End of Preschool Standards 5.B.2
    1. Moves in response to different styles of music. 5.B.2.1
    2. Uses creative movement that expresses an idea or feeling. 5.B.2.2
    3. Combines creative movement with sound, song/chants and/ or instruments to express ideas or retell a story. 5.B.2.3
    4. Engages in and collaborates during group creative movement/dance. 5.B.2.4

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c **Music** 5.C

1. 34-48 months 5.C.1
    1. Claps hands to keep the beat to a song. 5.C.1.1
    2. Participates in slow and fast tempo as well as low and high sounds. 5.C.1.2
    3. Participates with simple songs that have a rhythm and pattern. 5.C.1.3
    4. Imitates sounds that demonstrate musical awareness. 5.C.1.4
    5. Experiments with a variety of musical instruments. 5.C.1.5
2. 46-60 months End of Preschool Standards 5.C.2
    1. Uses body percussion to demonstrate beat and tempo. 5.C.2.1
    2. Shows increasing ability to recognize tempo changes and different styles of music. 5.C.2.2
    3. Increasing ability to adapt to pitch and sounds. 5.C.2.3
    4. Sings songs with varied lyrics and patterns. 5.C.2.4
    5. Improvises with sound effects. 5.C.2.5
    6. Uses musical instruments to imitate and improvise songs, melodies, and patterns. 5.C.2.6
    7. Explores music and instruments from other cultures. 5.C.2.7

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d **Dramatic Play and Expression** 5.D

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1. 34-48 months 5.D.1
    1. Begins to use inanimate objects to represent real life objects (e.g. uses banana as a phone). 5.D.1.1
    2. Begins to role play real life experiences (e.g., pretend to listen to your heart). 5.D.1.2
    3. Mimics movements, sounds, and expressions of real-life experiences. 5.D.1.3
    4. Imitates repeated verses in stories. 5.D.1.4
2. 46-60 months End of Preschool Standards 5.D.2
    1. Uses inanimate objects for other than their intended purpose to create representations of real-life objects or activities. 5.D.2.1
    2. Represents fantasy and real-life experiences through pretend play and may use props. 5.D.2.2
    3. Uses pretend play to represent known or anticipated situations. 5.D.2.3
    4. Creates characters through physical movement, gesture, sound, speech and facial expressions. 5.D.2.4
    5. With prompting and support, children assume the roles of characters, using props and language to tell or retell a story. 5.D.2.5