

Grade 5

Adopted 2007

Students will comprehend concepts related to health promotion and disease prevention to enhance health.

1. The student will explain how health is influenced by the interaction of body systems.
 - Alcohol and Other DrugsCommunity and Environmental HealthFamily Life and SexualityInjury PreventionMental HealthNutritionPersonal and Consumer HealthPhysical ActivityTobacco

Students will analyze the influence of culture, media, technology, and other factors on health behaviors.

1. The student will describe how messages from the media influence health behaviors.

Students will demonstrate the ability to access valid information and products and services to enhance health.

1. The student will describe characteristics of valid health information and health-promoting products and services.
2. The student will demonstrate the ability to locate health products and services.

Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

1. The student will demonstrate healthy ways to express needs, wants, and feelings.
2. The student will describe communication skills to build and maintain healthy relationships.

Students will demonstrate the ability to use decision-making skills to enhance health.

1. The student will describe strategies and skills needed to attain personal health goals.

Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

1. The student will demonstrate ways to avoid and reduce threatening situations.
2. The student will describe responsible health behaviors.

Students will demonstrate the ability to advocate for personal, family, and community health.

- 1. The student will identify barriers to effective communication about health issues.**
 - 2. The student will demonstrate the ability to work cooperatively when advocating for healthy individuals and family.**
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