

Grade 6

Adopted 2007

Students will comprehend concepts related to health promotion and disease prevention to enhance health.

1. The student will describe how the family and peers influence the health of individuals.
 - Alcohol and Other DrugsCommunity and Environmental HealthFamily Life and SexualityInjury PreventionMental HealthNutritionPersonal and Consumer HealthPhysical ActivityTobacco

Students will analyze the influence of culture, media, technology, and other factors on health behaviors.

1. The student will analyze how information from peers influences health.

Students will demonstrate the ability to access valid information and products and services to enhance health.

1. The student will predict how media influences the selection of health information, products, and services.
2. The student will demonstrate the ability to utilize resources from home, school, and community that provide valid health information.

Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

1. The student will demonstrate effective verbal and nonverbal communication skills to enhance health.
2. The student will describe the possible causes of conflict among youth in schools.
3. The student will demonstrate strategies to manage conflict in healthy ways.

Students will demonstrate the ability to use decision-making skills to enhance health.

1. The student will demonstrate the ability to apply a decision-making process to health issues and problems on the individual.

Students will demonstrate the ability to use goal-setting skills to enhance health.

1. The student will apply strategies and skills needed to attain personal health goals.

Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

- 1. The student will distinguish between healthy and unhealthy relationships.**
- 2. The student will demonstrate strategies to manage stress.**

Students will demonstrate the ability to advocate for personal, family, and community health.

- 1. The student will demonstrate the ability to influence and support others in making positive health choices.**