

Cosmetology

Appreciate and apply all personal and work place safety procedures **A**

- 1 Demonstrate appropriate work place safety practices (e.g., implements, equipment, PPE, blood spills).** **A.1**
- 2 Maintain an orderly work area.** **A.2**
- 3 Identify types, purposes, and operation of fire extinguishers and suppression systems.** **A.3**
- 4 Recognize when first aid is needed for injuries and follow proper procedures.** **A.4**
- 5 Ensure client safety.** **A.5**

Demonstrate professional behaviors **B**

- 1 Demonstrate salon management and operational techniques.** **B.1**
- 2 Adhere to [sic] state law regarding cosmetology** **B.2**
- 3 Maintain a professional attitude.** **B.3**
- 4 Demonstrate professional ethics in cosmetology.** **B.4**
- 5 Demonstrate employment readiness (e.g., resume, interview preparation, and application skills).** **B.5**

Apply sterilization and sanitation methods **C**

- 1 Define sanitation terminology.** **C.1**
- 2 Explain sanitization procedures.** **C.2**
- 3 Apply methods of sanitation and sterilization (e.g., hand washing, clean restrooms, and disposable towels).** **C.3**
- 4 Identify physical and chemical agents.** **C.4**
- 5 Set up a wet/dry sanitizer.** **C.5**
- 6 Identify, mix per manufacturers' recommendations, and apply disinfectants/antiseptics commonly used in salons.** **C.6**

Maintain and operate implements and equipment **D**

- 1 Identify cosmetology equipment and implements.** **D.1**
- 2 Operate cosmetology equipment and implements correctly.** **D.2**

3 Maintain cosmetology equipment and implements correctly. D.3

Provide hair and scalp care E

1 Explain bacterial physiology and its effects. E.1

2 Analyze and use shampoos. E.2

3 Perform hair and scalp analysis. E.3

4 Conduct scalp treatments. E.4

5 Apply hair treatments. E.5

Demonstrate hair cutting and styling F

1 Create three basic types of finger waving. F.1

2 Create nine basic types of pin curls. F.2

3 Construct four basic types of roller sets. F.3

4 Perform five basic types of comb outs. F.4

5 Design four basic types of hair cuts using appropriate tools. F.5

6 Select, prepare, and give permanent waves (e.g., horizontal rods, vertical rods, and specialty wraps). F.6

7 Select, prepare, and give soft curl perms. F.7

8 Blow dry hair with appropriate tools. F.8

9 Demonstrate thermal hair styling techniques. F.9

Perform nailcare techniques G

1 Identify nail physiology and disorders. G.1

2 Suggest treatments for nail disorders. G.2

3 Implement a basic manicure with and without sculptured nails and tips. G.3

4 Perform a complete pedicure. G.4

Apply makeup H

1 Identify the histology of skin. H.1

2 Explain the purpose and types of facial treatments. H.2

3 Select and apply facial makeup. H.3

4 Consult and perform hair removal. H.4

5 Select and apply eyebrow and eyelash cosmetic treatments. H.5

	6 Analyze facial features and types for corrective makeup applications. H.6
Perform massage therapy I	1 Identify and describe head, arm, hand, and foot anatomical structures. I.1 2 Apply arm and hand massage. I.2 3 Give a foot and lower leg message. I.3 4 Apply a facial treatment. I.4
Apply chemical treatments J	1 Describe elementary chemistry related to cosmetology. J.1 2 Understand the principle of the color wheel. J.2 3 Identify color tones and levels of color. J.3 4 Select and apply hair coloring. J.4 5 Select and apply hair bleach and tones. J.5 6 Select, prepare, and demonstrate chemical relaxing. J.6
Demonstrate leadership skills in the classroom, industry, and society K	1 Demonstrate an understanding of SkillsUSA, its structure, and activities. K.1 2 Demonstrate an understanding of one's personal values. K.2 3 Perform tasks related to effective personal management. K.3 4 Demonstrate interpersonal skills. K.4 5 Demonstrate etiquette and courtesy. K.5 6 Demonstrate effectiveness in oral and written communication. K.6 7 Develop and maintain a code of professional ethics. K.7 8 Maintain an appropriate professional appearance. K.8 9 Perform basic tasks related to securing and terminating employment. K.9 10 Perform basic parliamentary procedures in a group meeting. K.10
Explain and demonstrate skills in a specialization area identified by the instructor L	L Explain and demonstrate skills in a specialization area identified by the instructor L