Missouri CTE

Discovering Family Consumer Sciences (2019): Grades 7-8

Career, Community and Family Connections	**1. Explore multiple life roles and responsibilities in family, work and community settings** 1.1
	2. Demonstrate the knowledge and skills to make decisions and act as responsible members of society 1.3.2
	3. Investigate ways individual career goals can affect the families capacity to meet goals for all family members 1.1.3
	4. Cooperate with others to achieve group goals 1.2.4
	Explore FCCLA benefits, opportunities and purposes
Consumer and Family Resources	**0. Investigate management practices related to the human, economic and environmental resources** 2.0
	2. Investigate the relationship of the environment to family and consumer resources 2.2
	4. Explore the effects of technology to solve problems related to individual and family resources. 2.4
	6. Explore the management of financial resources to meet the goals of individuals and families across the life span 2.6
	1. Examine the need for personal and family financial planning 2.6.1
	3. Investigate financial resources and how they can be beneficial to the family 2.6.3
	Investigate career paths within Consumer and Family Resources
	Utilize FCCLA programs related to Family Consumer Sciences
Interpersonal Relationships	**1. Examine (Analyze) functions and expectations of various types of relationships. (Examine physical, emotional, social and intellectual development and their relationships.)** 13.1

Skip to main content

	4. Demonstrate communication skills that contribute to healthy and unhealthy relationships 13.1.4
	2. Explore personal needs and characteristics and their effectson interpersonal relationships 13.2
	Apply character education in the family, workplace, and the community
	4. Demonstrate effective conflict prevention and management techniques 13.4
	5. Demonstrate teamwork and leadership skills in the family, workplace, and community 13.5
	3. Apply critical thinking and ethical standards when making judgments and taking action 13.6.3
	4. Demonstrate ethical behavior in family, workplace, and community settings 13.6.4
Family	Explain the significance of Family Consumer Sciences
	1. Examine different family structures 6.1.1
	1. Examine the impact of diversity on individuals and families 6.1.3, 6.2.1
	7. Analyze the influence of family on individuals and society 6.1.4, 6.1.5, 6.1.6,6.1.7
Parenting / Human Development	1. Analyze roles and responsibilities of parenting/child care 15.1
	2. Identify expectations and responsibilities of parenting/child care 15.1.2
	5. Identify activities to promote physical development of the child 4.2.1,4.2.4, 4.2.5
	4. Demonstrate activities that promote large and small motor skills 4.2.1,4.2.4
	4. Demonstrate how to interact appropriately with the child's physical activities 4.2.1,4.2.4
	1. Explore developing social skills of the child 4.2.1
	1. Investigate the principles of human growth and development 4.2.1, 12.1
	2. Explore the effect of heredity and environment on human growth and development 12.2.2
	Explore the physical, emotional, social, spiritual and intellectual aspects of human growth and development 12.1.1

Skip to main content

	2. **Demonstrate communication skills that contribute to positive relationships** 12.3.2
	1. **Investigate career paths within Early Childhood and Human Development areas of study** 4.1
	Utilize FCCLA programs to prepare for multiple roles and explore opportunities with the Child Development field of work
Nutrition and Wellness	1. **Describe factors that influence nutrition and wellness practices across the life span** 14.1
	1. **Investigate the physical, emotional, social, psychological, and spiritual components ofindividual and family wellness** 14.1.1
	2. **Examine the effect of nutrients on health, appearance, and peak performance** 14.1.2
	4. **Investigate the effects of global and local events and conditions on food choices and practices** 14.1.4
	2. **Investigate the relationship of nutrition and wellness to individual and family health throughout the life span** 14.2.2
	3. **Explore the effects of food and diet fads, food addictions, and eating disorders on wellness** 14.2.3
	4. **Analyze sources of food and nutrition information, including food labels, related to health and wellness** 14.2.4
	3. **Demonstrate ability to acquire, handle, and use foods to meet nutrition and wellness needs of individuals and families across the life span** 14.3
	4. **Explore factors that affect food safety from production through consumption** 14.4
	5. **Investigate food borne illness factors, including causes, foods at risk, and methods of prevention commercially and by individuals and families** 14.4.5
	3. **Demonstrate food safety and sanitation procedures** 8.2, 8.2.7, 2.1.3
	6. **Identify a variety of types of equipment for food processing, cooking, holding, storing, and serving, including hand tools and small ware** 8.3.6
	4. **Demonstrate menu planning principles and techniques based on standardized recipes to meet family needs** 8.4
	Demonstrate menu-planning and time management principles to develop and modify menus 8.4.2

Skip to main content

	5. Demonstrate food preparation methods and techniques to produce a variety of food products 8.5
	1. Analyze career paths within the food production and food services industries 8.1
	Utilize FCCLA programs related to Nutrition, and Wellness, Food Production and Services
Housing and Interior Design	2. Evaluate housing and design concepts and theories, including green design, in relation to available resources and options 11.2
	1. Demonstrate the use of elements and principles of design in housing and residential interiors 11.2.1
	5. Investigate design and development of architecture, interiors, and furnishings through the ages 11.5
	5. Investigate consumer skills necessary to make decisions about housing, utilities, and furnishings 2.1.5
	1. Analyze career paths within the Housing and Interior Design industries 11.1
	Utilize FCCLA programs related to Housing and Interior Design
Apparel, Textiles, and Fashion	2. Evaluate fiber and textile products and materials 16.2
	3. Analyze policies that support consumer rights and responsibilities 2.3
	4. Apply consumer skills to providing and maintaining clothing 2.1.4
	4. Demonstrate skills needed to produce, alter, or repair fashion, apparel, and textile products 16.4
	6. Apply elements and principles of design to assist consumers and businesses in making decisions 16.3.6
	1. Analyze career paths within the Textiles, Fashion and Apparel Industries 16.1
	Utilize FCCLA programs related to Textiles, Fashion and Apparel