Missouri Health

Grade Level Expectations: K-12

Students will comprehend concepts related to health promotion and disease prevention to enhance health.	Standard 1:	Students will comprehend concepts related to health promotion and disease prevention to enhance health.
Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.	Standard 2:	Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
Students will demonstrate the ability to access valid information and products and services to enhance health.	Standard 3:	Students will demonstrate the ability to access valid information and products and services to enhance health.
Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.	Standard 4:	Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
Students will demonstrate the ability to use decision-making skills to enhance health.	Standard 5:	Students will demonstrate the ability to use decision-making skills to enhance health.
Students will demonstrate the ability to use goal-setting skills to	Standard 6:	Students will demonstrate the ability to use goal-setting skills to enhance health.

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Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.	**Standard 7:** **Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.**
Students will demonstrate the ability to advocate for personal, family, and community health.	**Standard 8:** **Students will demonstrate the ability to advocate for personal, family, and community health.**