Nebraska CTE

Family and Consumer Science: 7th Grade

Relationships, Peer and Family-The student will	1	**Identify characteristics of healthy and unhealthy relationships and behaviors knowing limits, boundaries, and refusal skills.** HSE.MS.7.1
	2	**Expose media and cultural influences to recognize unhealthy messages related to peer pressure, relationships, and/or elicit behaviors.** HSE.MS.7.2
	3	**Address benefits of abstinence and increase awareness of risks associated with sexual activity.** HSE.MS.7.3
	4	**Develop support systems to maintain the healthiest personal choice in relationships.** HSE.MS.7.4
	5	**Identify physical and social consequences of using tobacco, marijuana, inhalants, alcohol, and other drugs.** HSE.MS.7.5
	6	**Identify and explain family functions. (Ex: physical needs, intellectual development, emotional well-being, socialization)** HSE.MS.7.6
	7	**Describe the characteristics of the family life cycle stages.** HSE.MS.7.7
	8	**Identify healthy characteristics of families and explain how to use these characteristics to improve and strengthen family relationships.** HSE.MS.7.8
	9	**Examine resources and methods of handling family crisis.** HSE.MS.7.9
	10	**Incorporate technology tools & skills as they complete research and projects throughout the unit.** HSE.MS.7.10
Textiles, Sewing and Design-The student will	11	**Identify and practice safety while using sewing equipment.** HSE.MS.7.11
	12	**Identify parts of the sewing machine, correct threading of the sewing machine and correct use of the sewing machine.** HSE.MS.7.12
	13	**Demonstrate basic sewing skills before and during the construction of a project.** HSE.MS.7.13
		Read & follow oral and written directions while completing a sample/project. HSE.MS.7.14

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15 **Identify and practice clothing care - laundry, iron, repair.** HSE.MS.7.15

16 **Understand the terminology associated with design, textiles, merchandizing, and the clothing industry.** HSE.MS.7.16

17 **Incorporate technology tools & skills as they complete research and projects throughout the unit.** HSE.MS.7.17