

Autism Support: Social Skills

Relationship Skills **RS**

A. Beginning Relationship Skills **RS.A**

- 1 Listening Without Interrupting **RS.A.1**
 - 2 Greeting Others **RS.A.2**
 - 3 Responding to a Greeting **RS.A.3**
 - 4 Asking a Question About a Topic **RS.A.4**
 - 5 Staying on Topic **RS.A.5**
 - 6 Responding to Questions **RS.A.6**
 - 7 Taking Turns **RS.A.7**
 - 8 Complimenting Others **RS.A.8**
 - 9 Helping Others **RS.A.9**
 - 10 Encouraging Others **RS.A.10**
 - 11 Cooperating with Others **RS.A.11**
 - 12 Sharing **RS.A.12**
 - 13 Asking a Favor **RS.A.13**
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B Advanced Relationship Skills **RS.B**

- 1 Starting a Conversation **RS.B.1**
 - 2 Continuing a Conversation **RS.B.2**
 - 3 When to Introduce a New Topic **RS.B.3**
 - 4 Accepting a Topic Change **RS.B.4**
 - 5 Ending a Conversation **RS.B.5**
 - 6 Responding to Offers to Join In **RS.B.6**
 - 7 Asking to Join In **RS.B.7**
 - 8 Communicating Preferences **RS.B.8**
 - 9 Accepting Another's Opinion **RS.B.9**
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Social Comprehension **SC**

A Group Understandings **SC.A**

- 1 Reading Others **SC.A.1**
- 2 Reading the Environment **SC.A.2**
- 3 Using a Friendly Voice **SC.A.3**

- 4 Using a Respectful Voice SC.A.4
 - 5 Giving Information Nonverbally SC.A.5
 - 6 Attending to a Model SC.A.6
 - 7 Respecting Another's Boundaries SC.A.7
 - 8 Showing Interest in Others SC.A.8
 - 9 Understanding Differences SC.A.9
 - 10 Taking Another's Perspective SC.A.10
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Self-Regulation SR

A Internal SR.A

- 1 Regulating Your Attention SR.A.1
 - 2 Recognizing Anxiety SR.A.2
 - 3 Deciding What Causes Your Anxiety SR.A.3
 - 4 Dealing with Anxiety SR.A.4
 - 5 Checking Your Voice and Interests SR.A.5
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B External SR.B

- 1 No Means No SR.B.1
 - 2 Using Self-Control SR.B.2
 - 3 Dealing with Change SR.B.3
 - 4 Dealing with Boredom SR.B.4
 - 5 Responding to Authority SR.B.5
 - 6 Checking Your Behavior SR.B.6
 - 7 Affirming Yourself SR.B.7
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Problem Solving PS

IV Problem Solving PS

Determining Private Information PS.1

1 Determining Private Information PS.1

Understanding Rules of Swearing PS.2

2 Understanding Rules of Swearing PS.2

Understanding Rules of Touch PS.3

3 Understanding Rules of Touch PS.3

Planning for Stressful Situations PS.4

4 Planning for Stressful Situations PS.4

Defining a Problem PS.5	5 Defining a Problem PS.5
Considering Alternatives PS.6	6 Considering Alternatives PS.6
Choosing an Alternative PS.7	7 Choosing an Alternative PS.7
When to Change Strategies PS.8	8 When to Change Strategies PS.8
When a Rule Doesn't Work PS.9	9 When a Rule Doesn't Work PS.9
Giving Feedback PS.10	10 Giving Feedback PS.10
Seeking Attention PS.11	11 Seeking Attention PS.11
Accepting Attention PS.12	12 Accepting Attention PS.12
Making a Complaint PS.13	13 Making a Complaint PS.13
When You Don't Understand PS.14	14 When You Don't Understand PS.14
Understanding Emotions UE	V Understanding Emotions UE
Knowing Your Feelings UE.1	1 Knowing Your Feelings UE.1
Feeling Different UE.2	2 Feeling Different UE.2
Expressing Your Feelings UE.3	3 Expressing Your Feelings UE.3
Calming Your Feelings UE.4	4 Calming Your Feelings UE.4
Showing Affection UE.5	5 Showing Affection UE.5

Recognizing Another's Feelings UE.6

6 Recognizing Another's Feelings UE.6

Showing Concern for Another UE.7

7 Showing Concern for Another UE.7

Understanding Another's Intentions UE.8

8 Understanding Another's Intentions UE.8

Dealing with Another's Anger UE.9

9 Dealing with Another's Anger UE.9

School-Related Skills SRS

VI School-Related Skills SRS

Asking for Help SRS.1

1 Asking for Help SRS.1

Ignoring Distractions SRS.2

2 Ignoring Distractions SRS.2

Contributing to Discussions SRS.3

3 Contributing to Discussions SRS.3

Taking a Break SRS.4

4 Taking a Break SRS.4

Setting a Goal SRS.5

5 Setting a Goal SRS.5

Completing Assignments SRS.6

6 Completing Assignments SRS.6

Following Adult Directions SRS.7

7 Following Adult Directions SRS.7

Asking for Information SRS.8

8 Asking for Information SRS.8

Organizing Materials SRS.9

9 Organizing Materials SRS.9

Making Corrections SRS.10

10 Making Corrections SRS.10

**Preparing for
Class** [SRS.11](#)

11 **Preparing for Class** [SRS.11](#)

**Dealing with
Transitions** [SRS.12](#)

12 **Dealing with Transitions** [SRS.12](#)

Interruptions [SRS.13](#)

13 **Interruptions** [SRS.13](#)