Oklahoma Physical Education

Grade 2

Adopted 2016

Demonstrates competency in a variety of motor skills and movement patterns.

2. **Skips using a mature pattern.** S1.E1.2

2. **Runs with a mature pattern. Travels showing differentiation (pacing) between jogging and sprinting.** S1.E2.2

2. **Demonstrates four of the five critical elements for jumping and landing in a horizontal plane using a variety of one-and two-foot take-offs and landings.** S1.E3.2

2. **Demonstrates four of the five critical elements for jumping and landing in a vertical plane.** S1.E4.2

2. **Performs a teacher and/or student-designed rhythmic activity with correct response to simple rhythms.** S1.E5.2

2. **Developmentally appropriate emerging outcomes first appear in grade three.** S1.E6.2

2. **Balances on different bases of support combining levels and shapes. Balances in an inverted position with stillness and supportive base.** S1.E7.2

2. **Transfers weight from feet to different body parts/bases of support for balance and/or travel.** S1.E8.2

2. **Rolls in different directions in either a narrow or curled body shape.** S1.E9.2

2. **Differentiates among twisting, curling, bending, and stretching actions.** S1.E10.2

2. **Combines balances and transfers into a three part sequence (e.g., dance, gymnastics).** S1.E11.2

2. **Developmentally appropriate/emerging outcomes first appear in grade three.** S1.E12.2

2. **Throws underhand and overhand using a mature pattern.** S1.E13.2

2. **Developmentally appropriate/emerging outcomes first appear in grade four.** S1.E14.2

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	2. Catches a self-tossed or well-thrown large ball/object with hands not trapping or cradling against the ball. S1.E15.2
	2. Dribbles using the preferred hand while walking in general space. S1.E16.2
	2. Dribbles with the feet in general space with control of ball and body. S1.E17.2
	2. Developmentally appropriate/emerging outcomes first appear in grade three. S1.E18.2
	2. Developmentally appropriate/emerging outcomes first appear in grade four. S1.E19.2
	2. Uses a continuous running approach and kicks a moving ball demonstrating three of the five critical elements of a mature pattern. S1.E20.2
	2. Volleys an object upward with consecutive hits. S1.E21.2
	2. Developmentally appropriate/emerging outcomes first appear in grade four. S1.E22.2
	2. Strikes an object upward with a short-handled implement using consecutive hits. S1.E23.2
	2. Strikes a ball off a tee or cone with a bat using correct grip and side orientation/proper body orientation. S1.E24.2
	2. Developmentally appropriate/emerging outcomes first appear in grade four. S1.E25.2
	2a. Jumps a self-turned rope consecutively forward and backward with a mature pattern. S1.E26.2A
	2b. Jumps a long rope five times consecutively with student turners. S1.E26.2B
Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	**2.** Combines locomotor skills in general space to a rhythm. S2.E1.2
	2. Combines shapes, levels, & pathways into simple travel, dance & gymnastics sequences. S2.E2.2
	2. Varies time and force with gradual increases & decreases. S2.E3.2
	2. Developmentally appropriate/emerging outcomes first appear in grade three. S2.E4.2
	2. Developmentally appropriate/emerging outcomes first appear in grade three. S2.E5.2

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Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	**2.** Describes large motor and/or manipulative physical activities for participation outside physical education class. S3.E1.2
	2a. Actively engages in physical education class in response to instruction and practice. S3.E2.2A
	2b. Engaged in MVPA 50% of class time. S3.E2.2B
	2. Identifies physical activities that contribute to fitness. S3.E3.2
	2. Developmentally appropriate/emerging outcomes first appear in grade three. S3.E4.2
	2. Developmentally appropriate/emerging outcomes first appear in grade three. S3.E5.2
	2. Recognizes the good health balance of nutrition and physical activity. S3.E6.2
Exhibits responsible personal and social behavior that respects self and others.	**2.** Practices skills with minimal teacher prompting. S4.E1.2
	2. Accepts responsibility for class protocols with behavior and performance actions. S4.E2.2
	2. Accepts specific corrective feedback from the teacher. S4.E3.2
	2. Works independently with others in partner environments without regard to differences. S4.E4.2
	2. Recognizes the role of rules and etiquette in teacher designed physical activities. S4.E5.2
	2a. Works independently and safely in physical education. S4.E6.2A
	2b. Works safely with physical education equipment. S4.E6.2B
Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.	**2.** Recognizes the value of "Good Health Balance". S5.E1.2
	2. Compares physical activities that bring confidence and challenge. S5.E2.2
	2. Identifies and discuss physical activities that provide enjoyment and self-expression (e.g., dance, gymnastics routines, practice tasks in game environments). S5.E3.2
	2. Demonstrates socially acceptable conflict resolution skills. S5.E4.2