

Physical Health and Motor Development (PH)

Health and Safety Practices PH 1

- a** Children engage in structured and unstructured physical activity. PH 1.A
- b** Children become increasingly able to identify unsafe situations and gradually learn strategies for responding to them. PH 1.B
- c** Children develop self-help skills. PH 1.C

Gross Motor Development PH 2

- a** Children develop large-muscle control, strength, and coordination. PH 2.A
- b** Children develop traveling skills. PH 2.B

Fine Motor Development PH 3

- a** Children develop small-muscle control, strength, and coordination. PH 3.A
- b** Children develop writing and drawing skills. PH 3.B