Rhode Island Health Education

Grades 11, 12

Adopted 2010

Students will understand the concepts related to health promotion and disease prevention as a foundation for a healthy life.	1. **Analyze the interrelationships of mental, emotional, social and physical health throughout life.** 2. **Analyze how the family, peers, community and environment influence public health.** 3. **Describe how to delay onset and reduce risks of potential life-long health problems.** 4. **Analyze how public health policies, government regulations and public pressure influence health promotion and disease prevention.**
Students will demonstrate the ability to access valid health information and health promoting products and services.	1. **Evaluate resources from home, school and community that provide valid health information for self and others.** 2. **Evaluate all factors that influence personal selection of health products and services in the community.** 3. **Evaluate situations requiring professional health services.** 4. **Evaluate opportunities for career choices in health.** 5. **Analyze the educational requirements, demands, rewards and benefits of a career in health services.**
Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.	1. **Evaluate the effect of responsible health behaviors on self, others and community.** 2. **Evaluate injury prevention and management strategies for personal, family, workplace and community health.** 3. **Develop strategies to reduce a health-threatening situation in the community.** 4. **Research and evaluate strategies to manage stress in individuals and groups within the family, in school, work and/or social situations.**
Stu… th…	**Research a school or community health issue resulting from the influence of culture, media, technology and other factors.**

Skip to main content

media, technology and other factors on health.	2. Develop and implement a solution to a researched health issue.
Students will demonstrate the ability to use interpersonal communication skills to enhance health.	1. Evaluate the effectiveness of communication methods for accurately expressing health information and ideas. 2. Apply strategies to a selected situation that facilitate effective communication among individuals or groups.
Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.	1. Evaluate different strategies to use when making decisions related to the health needs and risks of young adults. 2. Design, evaluate and implement a plan for attaining a personal health goal. 3. Formulate an effective plan for optimal lifelong health.
Students will demonstrate the ability to advocate for personal, family, community and environmental health.	1. Discuss accurate information and express opinions about health issues. 2. Adapt health messages and techniques to the characteristics of a particular audience. 3. Influence and support others in making positive health choices. 4. Work cooperatively when advocating for a healthy environment and other issues. 5. Evaluate community health services and systems currently in place and make recommendations for improving those systems and services.