South Carolina CTE

Family Life Education I (2011): Grades 9, 10, 11, 12

Adopted 2011

Interpersonal Skills

B1. Apply communication skills that contribute to healthy relationships.

1. Identify the different types of communication.
2. Identify strategies to overcome communication barriers.
3. Describe characteristics of healthy relationships.
4. Demonstrate teamwork and leadership skills.
5. Analyze the effects of technology on communication.

B2. Analyze the decision making process.

1. Apply the steps in the decision making process.
2. Explain how values, goals, and resources influence the management of decisions.
3. Analyze the consequences of making decisions.

B3. Analyze the various types of relationships.

1. Examine the different types of relationships.
2. Describe the characteristics of a healthy relationship.
3. Explain how personal values affect relationship choices.
4. Explore the cultural differences in relationships.

Healthy Lifestyles

C1. Determine the risk factors that are damaging to a healthy lifestyle.

1. Identify food varieties and appropriate serving sizes.
2. Describe the benefits of regular exercise.
3. Analyze the effects of eating disorders.
4. Describe the consequences of risky behavior.
5. Describe the effects of stress.
6. Explain spirituality.

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Determine the importance of preparing for a family.

1. Describe the laws related to marriage.

2. Analyze the financial aspects of single life versus marriage.
3. Critique the social and emotional aspects of marriage.
4. Scrutinize the various components of raising a child.
5. Explain the importance of prenatal care and development.
6. Describe the childbirth process.
7. Explain the importance of postnatal care.

Family Resource Management

E1. Identify factors that lead to effective resource management skills.

1. Demonstrate effective time management skills.
2. Analyze financial resources.
3. Distinguish wants from needs.
4. Evaluate the rewards and challenges of living independently.
5. Identify expenses and expenditures.

Crisis Management

F1. Explore different types of individual and family crises.

1. Define crisis.
2. Discuss what constitutes a crisis.
3. Identify the types of events that can lead to a family crisis.
4. Explore the impact of a crisis on individuals and families.
5. Investigate crisis prevention strategies.

Careers

G1. Explore family related career paths.

1. Research family-related careers.
2. Explore personal interests, aptitudes, and abilities.
3. Exhibit career preparation skills.
4. Incorporate 21st Century Skills.