South Carolina CTE

Sports Medicine 2 Essentials Program CIP: 310505 5556: 9-12

Academic Foundation AF	1	1. Describe general injury causations and/or mechanisms 1
	2	2. Describe the phases of the soft tissue and bony healing processes. 2
	3	3. Describe the components of the evaluation process, such as history, observation, palpation and special tests 3
	4	4. Describe the appropriate assessment, care and rehabilitation of the following areas: ankle, knee, shoulder 4
	5	5. Identify anatomical landmarks as it relates to injury evaluation 6 5
	6	6. Describe the phases of a rehabilitation program 6
	7	7. Identify various rehabilitation techniques, goals and strategies. 7
	8	8. Describe considerations for treating injuries in various stages of the healing process. 8
Communication C	1	1. Demonstrate obtaining pertinent patient information 1
	2	2. Create an injury report using the SOAP note. 2
Systems S	1	1. Describe the components and functionality of a sports medicine facilit.y 1
Employability Skills ES	1	1. Demonstrate basic professional standards as they apply to hygiene, dress, language, confidentiality and behavior. 2
Legal Responsibilities LR	1	1. Identify duties of sports medicine providers according to regulations, policies, laws and legislated rights of patients. 1
Ethics E	1	1. Identify responsible practices within the ethical framework of the sports nedicine profession. 1

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	2	**2. Differentiate between ethical and legal issues and practices impact sports medicine professionals.** 2
Safety Practices SP	1	**1. Apply principles of personal safety practices.** 1
	2	**2. Demonstrate appropriate use of infection control measures.** 2
Technical Skills TS	1	**1. Observe, measure, record and evaluate vital signs** 1
	2	**2. Demonstrate basic taping and wrapping skills** 2
	3	**3. Demonstrate specific joint motions, stretching techniques and relate to anatomical landmarks.** 3