Tennessee CTE

# Cosmetology IV

## Career exploration 1

1 **Graduation Plan: Select a cosmetology pathway such as cosmetologist. Other examples may include: natural hair stylist, manicurist, or esthetician, and develop a personal graduation plan that includes steps to transition into postsecondary, salon, other cosmetology service. Explain the steps it will take to prepare for and pass certification to become licensed in the cosmetology field.** 1.1

2 **Professional Resume: Discuss what is typically included in the resumes of professionals. Compare and contrast several examples and create a personal resume modeled after elements identified in the search. Research potential employers, write a cover letter for the specific career focus that is the best match for your skills for success, and organize your portfolio for employment. Practice the interview process using the employment portfolio.** 1.2

## Safety, Sanitation, and Efficient Work Practices 2

1 **Personal, Client, and Salon Safety: Use Occupational Safety and Health Administration (OSHA) guidelines, Environmental Protection Agency (EPA) guidelines, and state and national code requirements to identify risks of illness, communicable diseases, and injuries in the salon. Identify practices for safe working conditions giving rationale for each. Complete an instructor made safety test with 100% accuracy and demonstrate proficiency on the preexam set up and disinfection portion of the state board exam.** 2.1

2 **Posture and Body Mechanics: Demonstrate appropriate cosmetology posture and body positions while completing advanced haircutting and hairstyling techniques using the elements and principles of design.** 2.2

## Advanced Procedures for Nails 3

1 **Advanced Nail Techniques: Demonstrate proficiency in advanced nail techniques such as nail art, gel enhancements, and sculptured nails:** 3.1

- a Observe and identify skin and nail diseases and disorders prior to nail services and refer client to doctor or use appropriate techniques. 3.1.A
- b Use proper disinfection techniques and infection control practices throughout the performance of nail care services using the appropriate EPA mandated and registered products. 3.1.B
- c Demonstrate and explain problem solving techniques in nail art & extension design work. 3.1.C

## Advanced Procedures an Ha

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1 **Advanced Hair Techniques: Demonstrate proficiency in advanced hair techniques such as haircutting, chemical services, and natural hair styling.** 4.1

2 **Hair and Scalp Diseases: Observe and identify hair and scalp diseases and/or disorders following safety and sanitation procedures. Refer clients to doctors and/or use recommended techniques when appropriate.** 4.2

3 **Proper Disinfection: Use proper disinfection techniques and infection control practices throughout the performance of hair care services using the appropriate EPA mandated and registered products.** 4.3

4 **Problem Solving: Demonstrate and explain problem solving techniques in advanced hair design and shaping.** 4.4

5 **Hair Removal: Employ safe and sanitary hair removal procedures.** 4.5

6 **Texturizing: Exhibit and explain the difference in texturizing techniques.** 4.6

7 **Braiding and Extensions: Demonstrate different braiding and braiding extension techniques, materials in extensions, and implements used in braiding.** 4.7

- a Analyze the correlation between braiding techniques and a client's hair type and texture, scalp condition, curl configuration, scalp abrasions, and hair thinning or balding. 4.7.A
- b Classify textured sets and styles used in braiding natural curly hair. 4.7.B
- c Demonstrate understanding of all braiding and braiding extension techniques. 4.7.C
- d Demonstrate and explain problem solving techniques in extension design work. 4.7.D

**Advanced Techniques in Chemical Services** 5

1 **Consultation, Hair Analysis, and Chemical Service: Perform an effective consultation, hair analysis, and chemical texture service for a client. Evaluate positive and negative outcomes of the consultation, analysis, and chemical texture service. Analyze concepts related to chemical textures services to demonstrate the following while adhering to all directions and safety procedures:** 5.1

- a Perm techniques 5.1.A
- b Hair relaxing techniques 5.1.B
- c Curl re-forming (soft curl permanents) 5.1.C

2 **Hair Coloring Techniques: Evaluate concepts related to advanced haircoloring techniques and demonstrate proper procedures while adhering to all directions and safety procedures.** 5.2

3 **Special Challenges in Hair Color and Corrective Solutions: Investigate and apply problemsolving techniques for special challenges in specific hair colors and corrective solutions. Discuss effective color correction, gray hair, damaged hair, ed hair color, brunettes, blondes, and other special conditions.** 5.3

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**Advanced Techniques in Skin Care** 6

1. **Skin Care Techniques: Demonstrate proficiency in advanced skin care techniques such as facials, manipulations, and make up application. Observe and identify skin and facial diseases and/or disorders following safety and sanitation procedures. Refer clients to doctors and/or use recommended techniques when appropriate.** 6.1

**State Board Theoretical and Practical Application** 7

1. **State Board Theory Exam: Demonstrate a thorough understanding of the following Tennessee Board of Cosmetology Theoretical topics to prepare for the theory portion of the Tennessee Board of Cosmetology exam:** 7.1
   - a Sanitation, disinfection, and safety 7.1.A
   - b Shampooing and conditioning hair 7.1.B
   - c Haircutting and hair styling 7.1.C
   - d Braids and braid extensions 7.1.D
   - e Chemical texture services 7.1.E
   - f Haircoloring 7.1.F
   - g Skin care 7.1.G
   - h Nail care 7.1.H
   - i Licensing 7.1.I
2. **State Board Practical Exam: Practice and perform the skills and procedures listed in the current Tennessee Cosmetology Practical Exam Candidate Information Bulletin, adhering to the state mandated time. Include the skills and procedures in the following areas:** 7.2
   - a Safety and Sanitation 7.2.A
   - b Tip and Acrylic Nail Application 7.2.B
   - c Facial Service 7.2.C
   - d Waxing Service 7.2.D
   - e Haircut Service 7.2.E
   - f Blow Drying and Thermal Curling Service 7.2.F
   - g Permanent Waving Service 7.2.G
   - h Chemical Service 7.2.H
   - i High Lift Application Using Foils 7.2.I
   - j No Base Virgin Relaxer 7.2.J
   - k Complete Virgin Relaxer Application 7.2.K
   - l Relaxer Retouch 7.2.L
   - m Single Process Color 7.2.M
   - n End of exam with disinfection 7.2.N

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**Cosmetology Career and Business Analysis** 8

1. **State Laws and Licensing: Research and summarize all state laws and licensing procedures in the cosmetology field, including but not limited to the cosmetologist license, specialist licenses, salon license, instructor license, and cosmetology school license.** 8.1

2. **Cosmetology Business and Services: Work in a team to identify local area businesses and other entities that provide cosmetology services. Conduct phone or face-to-face interviews with a business to find out the specific services offered, fee structure, location(s) and hours, contact information and other information people seeking such services might require. As a class, compile a referral guide to cosmetology services in your area. Cosmetology services might include but are not limited to:** 8.2

   a. Haircutting 8.2.A
   b. Coloring 8.2.B
   c. Hair Styling 8.2.C
   d. Manicures & Pedicures 8.2.D
   e. Shampoo and Conditioning 8.2.E
   f. Chemical Texture Services 8.2.F
   g. Waxing 8.2.G
   h. Applying makeup or eyelashes 8.2.H