Kindergarten

Motor Development and Coordination	**Children develop strength, coordination, and control of their large or gross muscles.** 1 Solve simple movement challenges individually involving body parts or self and general space. 2 Identify large and small body parts 3 Demonstrate progress toward the mature form of selected loco-motor and manipulative skills, and the ability to stop and start on a signal 4 Identify and demonstrate personal and general space 5 Demonstrate momentary stillness in a variety of balance activities
	Children develop strength, eye-hand coordination, and control of their small or fine motor muscles. 1 Use small, precise finger and hand movements (e.g., builds a structure using the small Legos) 2 Use 3-point finger grip when writing or drawing
Health and Safety Practices	**Children develop healthy eating habits and knowledge of good nutrition.** 1 Help prepare healthy snacks and meals 2 Communicate simple explanations for own and others' food allergies
	Children develop personal health and self-care habits, and become increasingly independent. 1 Identify several physical activities that are personally enjoyable 2 Attempt new movements, skills, and activities 3 Continue to participate in structured and unstructured physical activities 4 Communicate the value of good health practices (e.g., wash hands to get rid of germs, drink milk to build strong bones)
	Children develop the ability to identify unsafe situations, and use safe practices. 1 Show safe behavior for self and others by applying established class rules, procedures, and safe practices with teacher guidance - Explain the reasons for safety rules Demonstrate responsibility for following established class rules, procedures, and safe practices with teacher reinforcement.

Skip to main content

4 Demonstrate understanding that some practices (e.g., accepting rides from strangers) may be personally dangerous

5 Recognize personal privacy in relation to their body