Vermont Early Learning: Social and Emotional Learning and Development

Grade 1

Emotions and Self-Regulation	**Children express a range of emotions and regulate their emotional and social responses** 1 Focus attention to complete tasks/topics assigned by others 2 Control strong emotions in an appropriate manner most of the time 3 Make decisions and solve simple problems with other children independently 4 Describe strategies to cope and manage stress 5 Demonstrate flexibility for schedule change
Self-Awareness	**Children demonstrate an awareness of own personal characteristics, skills and abilities** 1 Recognize different cultural ethnic groups 2 Display knowledge and pride in personal cultural ethnic heritage 3 Show pride in own work or accomplishment 4 Recognize that others may experience situations differently 5 Relate identifying information about self and others e.g., states address, phone number, birthday
Relationships with Adults and Peers	**Children develop healthy positive relationships with adults and peers** 1 Interact cooperatively in groups of 4-5 children 2 Identify ways to work and play well with peers 3 Demonstrate positive social entry skills with peers and adults 4 Respect the feelings, rights and belongings of others 5 Show increasing ability to constructively resolve conflicts with peers 6 Cooperate in small and large group activities