Infants

Emotions and Self-Regulation	**Children express a range of emotions and regulate their emotional and social responses** 1 Express emotions in many ways including e.g., gestures and vocalizations 2 Regulate emotions and impulses e.g., soothes self 3 Show some regulated daily routines e.g., sleeping and feeding 4 Develop some ability to attend to primary caregiver or toys with support 5 Show ability to continue interaction with familiar adults or toys for more than just a brief time
Self-Awareness	**Children demonstrate an awareness of own personal characteristics, skills and abilities** 1 Show awareness of own body 2 Recognize physical attributes of self and familiar people e.g., baby's toes, gramma's glasses, daddy vs mommy 3 Show beginning awareness of own skills e.g., uses finger to push button on toy 4 Attend with interest when others show they are happy, sad, or fearful by their facial expressions, voices, or actions 5 Show awareness of familiar routines by behaviors (e.g., opening mouth for feeding or lifting arms to be picked up)
Relationships with Adults and Peers	**Children develop healthy positive relationships with adults and peers** 1 Respond to adult through actions or vocalization e.g., repeat 'ooo' or 'baba from adult 2 Engage in simple back and forth (1-2) playful interactions with adults e.g., cooing, peek-a-boo, ball play 3 Show enjoyment in interaction with other children e.g., smiling, reaching out, giggling 4 May cry when another child cries