Older Toddlers

Emotions and Self-Regulation	**Children express a range of emotions and regulate their emotional and social responses** 1 Imitate different emotions or feelings through gestures and/or words 2 Identify common emotions in self and others e.g., happy, sad, mad 3 Use simple strategies to cope with own emotions e.g., appropriate gestures, actions and words 4 Engage self in pretend play for short periods of time 5 Participate in activities and experiences with people, objects or materials that require attention and common focus 6 Show increased ability to stay engaged when working toward a goal or solving a problem 7 Persist in attempts with different strategies until successful
Self-Awareness	**Children demonstrate an awareness of own personal characteristics, skills and abilities** 1 Demonstrate behaviors that reflect self-concept e.g., practices building block tower 2 Show increased awareness of own abilities and demonstrates self-confidence 3 Display assertiveness e.g., “Let me do it!” 4 Show understanding of some emotional expressions of others by labeling the emotions, asking questions, or responding in appropriate non- verbal ways. 5 Refer to personal or family experiences that have happened in recent past (e.g., grandparent visit or family celebration)
Relationships with Adults and Peers	**Children develop healthy positive relationships with adults and peers** 1 Develop trust and interacts comfortably with familiar adults 2 Take turns during simple games and in conversation 3 Demonstrate increased interest as well as frustration with other children 4 Begin to imitate roles and relationship through play e.g., feeding baby doll, driving daddy’s car, dancing like a ballerina 5 Use words in play with peers e.g., giving simple direction Use words in interaction with adults e.g., “I’ll be the mommy you be the baby”

Skip to main content

7 Use words or gestures to express empathy toward another child or adult who is hurt or crying (e.g., “are you ok?”, “don’t cry”, or helps to pick up spilled crackers)