Younger Preschoolers

Emotions and Self-Regulation	**Children express a range of emotions and regulate their emotional and social responses** 1 Express a range of emotions and feelings through appropriate gestures, actions and words 2 Identify and expresses needs of self and stands up for own rights 3 Make choice based on own likes and dislikes 4 Adapt behavior to fit different expectations and situations with adult support e.g., following daily routine, family culture 5 Start and stop activities based on external cues 6 Engage self and others in play including back and forth interactions 7 Express empathy and sympathy to peers e.g., gives hug to friend when crying, brings band-aide to friend when hurt
Self-Awareness	**Children demonstrate an awareness of own personal characteristics, skills and abilities** 1 Identify personal characteristics, preferences, thoughts, and feelings 2 Stand up for own rights 3 Make choice based on their own likes and dislikes 4 Identify own gender, family members roles, and home culture 5 Demonstrate growing independence in a range of activities, routines, and tasks.
Relationships with Adults and Peers	**Children develop healthy positive relationships with adults and peers** 1 Play with other children sharing objects, talking back and forth for several minutes 2 Establish secure and trusting relationships with familiar adults 3 Begin to respect the rights of others 4 Communicate with familiar adults and accepts some guidance and direction 5 Cooperate with others during play and in daily routines 6 Develops friendships with peers 7 Uses socially appropriate behavior with peers and adults