Younger Toddlers

Emotions and Self-Regulation	**Children express a range of emotions and regulate their emotional and social responses** 1 Express a variety of emotions e.g., happy, sad, mad 2 Respond with intent to adult speech, facial expressions, touch and/or movement 3 Take action to meet own needs e.g., pointing, stating, “more”, or giving hugs 4 Follow simple routines e.g., goes to sink when an adult mentions hand washing 5 Go to familiar adults for reassurance 6 Show ability to attend to people, objects and activities to extend an activity or join others in a common focus 7 Persist in attempts to communicate need
Self-Awareness	**Children demonstrate an awareness of own personal characteristics, skills and abilities** 1 Express self as individual through gestures, actions, and language e.g., me/mine 2 Recognize own skills and abilities e.g., if I blow on this wand bubbles will come out 3 Use skills and abilities to meet own needs e.g., picks up book and brings to daddy 4 Respond to others’ emotional expressions, often by sharing an emotional reaction (e.g., showing excitement when other children are excited) 5 Anticipate familiar routines or activities (e.g., getting shoes when it’s time to go or looking for parent when it’s time to go home)
Relationships with Adults and Peers	**Children develop healthy positive relationships with adults and peers** 1 React to familiar and unfamiliar adults e.g., reaching out to mother, hiding behind dad’s legs 2 Engage in more complex back and forth playful interactions with others e.g., hide n seek, finger-plays 3 Demonstrate simple prosocial behavior e.g., waving goodbye, saying “thank you”, hugging 4 Show sadness or concern when another child is crying or upset (e.g., may seek adult help or offer blanket, food or soft toy)