

# Grades Pre-K, K

Adopted 2004

## Knowledge/Motor Skills

### **PEPK-K:1. Students will apply problem-solving skills in movement-related activities by...** PEPK-K:1

- a. Solving simple movement challenges individually. (Show me how many ways you can move in general space.)
- b. Solving simple movement challenges involving body parts or self and general space. (Show me how to travel on two body parts without using two feet).

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### **PEPK-K:2. Students will show an understanding of body awareness concepts by...**

PEPK-K:2

- a. Identifying large and small body parts (e.g., arm, leg, wrist, elbow, ankle, etc.).
- f. Demonstrating progress toward the mature form of selected locomotor skills (walking, running, skipping, hopping, galloping, jumping and sliding) by performing two critical elements of each skill.
- g. Demonstrating the ability to stop and start on a signal.
- i. Demonstrating progress toward the mature form of selected manipulative skills (throwing, catching, bouncing, striking, kicking, rolling an object) by performing two critical elements of each skill.

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### **PEPK-K:3. Students show an understanding of space concepts by...** PEPK-K:3

- a. Identifying and demonstrating personal and general space.

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### **PEPK-K:4. BALANCE Students show an understanding of quality of movement concepts and apply them to psycho-motor skills by...** PEPK-K:4

- a. Demonstrating momentary stillness in a variety of balance activities.

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### **PEPK-K:7. Students will show competency in aquatic activities and water survival skills when facilities allow by...** PEPK-K:7

- a. Performing elementary aquatic skills that align with Level I of the American Red Cross Swimming Standards.
  - b. Performing good attitudes and safe practices around the water.
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## Affective Qualities

### **PEPK-K:10. Students promote individual success and self-confidence by...** PEPK-K:10

- a. Identifying several activities that are personally enjoyable.
  - b. Attempting movement, skills, and activities.
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### **PEPK-K:11. Students show safe behavior for self and others by...** PEPK-K:11

- a. Applying established class rules, procedures, and safe practices with teacher guidance.
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## Social Interaction

### **PEPK-K:12. Students show appropriate social interactions by...** PEPK-K:12

- a. Demonstrating responsibility for following established class rules, procedures, and safe practices with teacher reinforcement.
- c. Staying on task for a short period of time with teacher supervision.
- d. Listening quietly without interrupting when the teacher is talking.
- e. Demonstrating a willingness to work with any child in the class.
- f. Demonstrating listening skills by sitting in a self space with quiet hands and feet and focusing on the speaker cooperatively.