Virginia CTE

Certified Nurse Aide (CNA) 1 (8360)

Becoming Oriented to the Nurse Aide Program CNA1.1	1 **Describe the legal aspects of the nurse aide program.** CNA1.1.1
	2 **Explain nurse aide certification requirements and responsibilities.** CNA1.1.2
Relating to the Healthcare System CNA1.2	1 **Identify the professional qualities of a certified nurse aide (CNA).** CNA1.2.1
	2 **Develop awareness of personality strengths and weaknesses.** CNA1.2.2
	3 **Demonstrate successful work attitudes and teamwork.** CNA1.2.3
	4 **Identify the CNA scope of practice, as required by Virginia Board of Nursing regulation.** CNA1.2.4
	5 **Identify healthcare career options.** CNA1.2.5
	6 **Differentiate functions among nursing personnel.** CNA1.2.6
	7 **Identify interdisciplinary members of the healthcare team.** CNA1.2.7
	8 **Identify the major types and functions of healthcare institutions.** CNA1.2.8
	9 **Identify examples of ethical nursing behavior and patients' rights.** CNA1.2.9
	10 **Determine the legal responsibilities of a CNA, as required by Virginia Board of Nursing regulation.** CNA1.2.10
	11 **Maintain care and security of the client's/resident's/patient's personal possessions, as required by Virginia Board of Nursing regulation.** CNA1.2.11
	12 **Identify the rights of clients/residents/patients.** CNA1.2.12
	13 **Demonstrate respect for client/resident/patient rights, as required by Virginia Board of Nursing regulation.** CNA1.2.13
	14 **Promote a client's/resident's/patient's rights to be free from abuse, mistreatment, and neglect, as required by Virginia Board of Nursing regulation.** CNA1.2.14

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15 **Assist in resolving grievances and disputes, as required by Virginia Board of Nursing regulation.** CNA1.2.15

16 **Assist client/resident/patient and family groups with participation in activities, as required by Virginia Board of Nursing regulation.** CNA1.2.16

17 **Identify activities for clients/residents/patients receiving long-term care.** CNA1.2.17

Communicating in the Healthcare Environment CNA1.3

1 **Demonstrate proficient communication skills, as required by Virginia Board of Nursing regulation.** CNA1.3.1

2 **Demonstrate interpersonal skills, as required by Virginia Board of Nursing regulation.** CNA1.3.2

3 **Recognize barriers to communication.** CNA1.3.3

4 **Identify the role of the CNA's four senses in communication.** CNA1.3.4

5 **Describe the documents that are used by the healthcare team to communicate information and needs of a client/resident/patient.** CNA1.3.5

6 **Report objective and subjective information related to a specific task identified in a client's/resident's/patient's person-centered nursing care plan.** CNA1.3.6

7 **Demonstrate end-of-shift communication by giving an end-of-shift report and documenting with 100 percent accuracy on a client's/resident's/patient's activities of daily living (ADL) record.** CNA1.3.7

8 **Demonstrate telephone communication.** CNA1.3.8

9 **Demonstrate communicating with a hearing-impaired client/resident/patient.** CNA1.3.9

10 **Demonstrate communicating with a visually impaired client/resident/patient.** CNA1.3.10

11 **Describe the characteristics of cognitive impairment.** CNA1.3.11

12 **Identify potential causes of cognitive impairment in clients/residents/patients.** CNA1.3.12

13 **Explain why communication challenges must be overcome.** CNA1.3.13

14 **Discuss communication with families.** CNA1.3.14

15 **Demonstrate communication with members of the healthcare team.** CNA1.3.15

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16 **Discuss important interpersonal skills for a CNA.** CNA1.3.16

	17 **Identify stressors for a CNA and the resources a CNA may use to deal with stress.** CNA1.3.17
	18 **Explore religious, ethnic and cultural diversity, as required by Virginia Board of Nursing regulation.** CNA1.3.18
	19 **Provide religious, ethnic, and culturally sensitive care, as required by Virginia Board of Nursing regulation.** CNA1.3.19
	20 **Manage conflict with clients/residents/patients and coworkers, as required by Virginia Board of Nursing regulation.** CNA1.3.20
Understanding Infection Control and Medical Asepsis CNA1.4	1 **Maintain a client's/resident's/patient's environment, as required by Virginia Board of Nursing regulation.** CNA1.4.1
	2 **Match major pathogenic microorganisms to their related disease or infection.** CNA1.4.2
	3 **Describe how infections spread.** CNA1.4.3
	4 **List the symptoms of an infection.** CNA1.4.4
	5 **Explain principles of infection control, as required by Virginia Board of Nursing regulation.** CNA1.4.5
	6 **Demonstrate proper hand-washing technique.** CNA1.4.6
	7 **Demonstrate infection-control measures, as required by Virginia Board of Nursing regulation.** CNA1.4.7
	8 **Don and remove gown, mask, and gloves.** CNA1.4.8
	9 **Demonstrate double-bagging technique.** CNA1.4.9
	10 **Demonstrate safety procedures in various healthcare scenarios, as required by Virginia Board of Nursing regulation.** CNA1.4.10
	11 **Clean instruments and supplies.** CNA1.4.11
	12 **Dispose of soiled material.** CNA1.4.12
Understanding Body Systems and Disorders CNA1.5	1 **Define simple medical terminology.** CNA1.5.1
	2 **Identify anatomical structures.** CNA1.5.2
	3 **Identify body cavities and the organs within these cavities.** CNA1.5.3
	dentify parts and functions of the cell. CNA1.5.4

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5 **Identify tissues within the body.** CNA1.5.5

6 **Identify major structures and functions of the integumentary system.** CNA1.5.6

7 **Identify major disorders of the integumentary system.** CNA1.5.7

8 **Identify major structures and functions of the endocrine system.** CNA1.5.8

9 **Identify major disorders of the endocrine system.** CNA1.5.9

10 **Identify major structures and functions of the circulatory system.** CNA1.5.10

11 **Identify major disorders of the circulatory system.** CNA1.5.11

12 **Identify major structures and functions of the musculoskeletal system.** CNA1.5.12

13 **Identify major structures and functions of the gastrointestinal system, including the oral cavity.** CNA1.5.13

14 **Identify major disorders of the gastrointestinal system.** CNA1.5.14

15 **Identify major disorders of the oral cavity.** CNA1.5.15

16 **Identify major structures and functions of the reproductive system.** CNA1.5.16

17 **Identify major disorders of the reproductive system.** CNA1.5.17

18 **Identify major structures and functions of the urinary system.** CNA1.5.18

19 **Identify major disorders of the urinary system.** CNA1.5.19

20 **Identify major structures and functions of the respiratory system.** CNA1.5.20

21 **Identify major disorders of the respiratory system.** CNA1.5.21

22 **Identify major structures and functions of the nervous system.** CNA1.5.22

23 **Identify major disorders of the nervous system, including Alzheimer's disease and other dementias.** CNA1.5.23

24 **Identify major structures and functions of the sensory system.** CNA1.5.24

25 **Identify major parts of the eye and ear.** CNA1.5.25

26 **Identify major disorders of the eye, ear, and other sensory organs.** CNA1.5.26

27 **Describe the major stages of growth and developmental abilities.** CNA1.5.27

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Describe the effects of the normal aging process on major body systems. CNA1.5.28

	29	**Identify psychosocial changes associated with the aging process.** CNA1.5.29
Understanding Individual Needs: Mental Health CNA1.6	1	**Identify basic client/resident/patient needs.** CNA1.6.1
	2	**Identify defense and coping mechanisms.** CNA1.6.2
	3	**Describe signs and symptoms of mental illness.** CNA1.6.3
	4	**Identify the guidelines for the management of client/resident/patient behavior across the lifespan.** CNA1.6.4
	5	**Describe inappropriate behaviors of a client/resident/patient.** CNA1.6.5
	6	**Describe the roles of a CNA and the family in providing emotional support for the client/resident/patient.** CNA1.6.6
	7	**Provide care to the aged and disabled.** CNA1.6.7
Exploring Death and Dying CNA1.7	1	**Identify needs related to death and dying, as required by Virginia Board of Nursing regulation.** CNA1.7.1
	2	**Discuss care measures related to death and dying.** CNA1.7.2
Promoting Community Health and First Aid CNA1.8	1	**Demonstrate the basic steps a CNA should take in any emergency.** CNA1.8.1
	2	**Discuss CNA actions for emergencies.** CNA1.8.2
Maintaining a Safe Environment CNA1.9	1	**Identify proper body mechanics, as required by Virginia Board of Nursing regulation.** CNA1.9.1
	2	**Identify safety procedures related to client/resident/patient care, as required by Virginia Board of Nursing regulation.** CNA1.9.2
	3	**Describe the use of fire extinguishers.** CNA1.9.3
	4	**Identify Occupational Safety and Health Administration (OSHA) regulations and guidelines, as required by Virginia Board of Nursing regulation.** CNA1.9.4