Virginia CTE

Family and Consumer Sciences Exploratory III (8242)

Facilitating Human Development	A	Analyze multiple life roles and responsibilities as a community member. I.A
	B	Examine cultural and community factors that influence personal development. I.B
	C	Design a plan to manage change. I.C
	D	Describe differing social norms across cultures. I.D
Managing Interpersonal Relationships	A	Demonstrate caring and responsible interactions with peers. II.A
	B	Describe the importance of belonging within society. II.B
	C	Apply conflict-resolution strategies. II.C
	D	Demonstrate teamwork in the family, school, and community. II.D
Strengthening Family Relationships(Optional)	A	Examine the roles of families in society. III.A
	B	Identify community services available to help families solve problems. III.B
	C	Demonstrate communication skills that contribute to positive family relationships. III.C
Analyzing Living Environments (Personal Environments) (Optional)	A	Examine global concerns related to the community. IV.A
	B	Implement strategies to conserve natural resources in the school and community. IV.B
	C	Develop a design project. IV.C
Enhancing Nutrition and Wellness	A	Research the effects of food choices on long-term health. V.A
		Evaluate the importance of considering food allergies and special dietary needs when making food selections. V.B

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	C Demonstrate the use of kitchen tools and equipment. V.C
	D Demonstrate kitchen safety and sanitary food-handling practices. V.D
	E Prepare a nutritious meal. V.E
	F Analyze nutrients and their effects on the body. V.F
	G Compare the cost and taste of made-from-scratch, convenience, and ready-made foods. V.G
	H Research nutritional benefits of fresh and local foods vs. convenience foods. V.H
	I Research the effects of science and technology on food composition and safety, from production through consumption. V.I
	J Research lifespan wellness practices and related community resources. V.J
	K Analyze the risks of personal choices throughout the lifespan. V.K
Maximizing Consumer and Family Resources	**A** Analyze the effects of career choice, education, and skills on income and goal attainment. VI.A
	B Develop a savings and spending plan for personal financial management. VI.B
	C Research the services offered by financial institutions. VI.C
	D Demonstrate the ability to manage an account in a financial institution. VI.D
	E Examine credit options. VI.E
	F Explain consumer rights. VI.F
	G Explain consumer responsibilities. VI.G
Applying Textile, Fashion, and Apparel Concepts(Optional)	**A** Describe a decision-making process when purchasing clothing. VII.A
	B Demonstrate basic construction skills. VII.B
	C Produce a storyboard using apparel and textile design technology. VII.C
	D Repurpose textile products and apparel. VII.D
Applying Education and Early Childhood Concepts(Optional)	**A** Analyze the stages of early childhood development. VIII.A
	B Demonstrate childcare skills. VIII.B
	C Explore childcare training and employment opportunities. VIII.C

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Managing Career, Community, and Family Connections(Optional)	**A**	**Research Family and Consumer Sciences career clusters.** IX.A
	B	**Explore entrepreneurship as a career choice.** IX.B
	C	**Develop an individual plan of study for a Family and Consumer Sciences career pathway.** IX.C
	D	**Describe how volunteerism develops and sustains community resources.** IX.D
Developing Leadership Skills	**A**	**Use the FCCLA planning process.** X.A
	B	**Complete a national FCCLA program project and/or a state-level competitive event.** X.B