

Family and Consumer Sciences Exploratory III (8242)

Facilitating Human Development

- A** Analyze multiple life roles and responsibilities as a community member. **I.A**
- B** Examine cultural and community factors that influence personal development. **I.B**
- C** Design a plan to manage change. **I.C**
- D** Describe differing social norms across cultures. **I.D**

Managing Interpersonal Relationships

- A** Demonstrate caring and responsible interactions with peers. **II.A**
- B** Describe the importance of belonging within society. **II.B**
- C** Apply conflict-resolution strategies. **II.C**
- D** Demonstrate teamwork in the family, school, and community. **II.D**

Strengthening Family Relationships(Optional)

- A** Examine the roles of families in society. **III.A**
- B** Identify community services available to help families solve problems. **III.B**
- C** Demonstrate communication skills that contribute to positive family relationships. **III.C**

Analyzing Living Environments (Personal Environments) (Optional)

- A** Examine global concerns related to the community. **IV.A**
- B** Implement strategies to conserve natural resources in the school and community. **IV.B**
- C** Develop a design project. **IV.C**

Enhancing Nutrition and Wellness

- A** Research the effects of food choices on long-term health. **V.A**
- B** Evaluate the importance of considering food allergies and special dietary needs when making food selections. **V.B**

	C Demonstrate the use of kitchen tools and equipment. V.C
	D Demonstrate kitchen safety and sanitary food-handling practices. V.D
	E Prepare a nutritious meal. V.E
	F Analyze nutrients and their effects on the body. V.F
	G Compare the cost and taste of made-from-scratch, convenience, and ready-made foods. V.G
	H Research nutritional benefits of fresh and local foods vs. convenience foods. V.H
	I Research the effects of science and technology on food composition and safety, from production through consumption. V.I
	J Research lifespan wellness practices and related community resources. V.J
	K Analyze the risks of personal choices throughout the lifespan. V.K
Maximizing Consumer and Family Resources	A Analyze the effects of career choice, education, and skills on income and goal attainment. VI.A
	B Develop a savings and spending plan for personal financial management. VI.B
	C Research the services offered by financial institutions. VI.C
	D Demonstrate the ability to manage an account in a financial institution. VI.D
	E Examine credit options. VI.E
	F Explain consumer rights. VI.F
	G Explain consumer responsibilities. VI.G
Applying Textile, Fashion, and Apparel Concepts(Optional)	A Describe a decision-making process when purchasing clothing. VII.A
	B Demonstrate basic construction skills. VII.B
	C Produce a storyboard using apparel and textile design technology. VII.C
	D Repurpose textile products and apparel. VII.D
Applying Education and Early Childhood Concepts(Optional)	A Analyze the stages of early childhood development. VIII.A
	B Demonstrate childcare skills. VIII.B
	C Explore childcare training and employment opportunities. VIII.C

**Managing Career,
Community, and Family
Connections(Optional)**

A Research Family and Consumer Sciences career clusters. IX.A

B Explore entrepreneurship as a career choice. IX.B

C Develop an individual plan of study for a Family and Consumer Sciences career pathway. IX.C

D Describe how volunteerism develops and sustains community resources. IX.D

**Developing Leadership
Skills**

A Use the FCCLA planning process. X.A

B Complete a national FCCLA program project and/or a state-level competitive event. X.B