

Interpersonal Relationships (IR)

Students will demonstrate respectful and caring relationships in the family, workplace, and community. [FCS.IR.1](#)

A Analyze functions and expectations of various types of relationships. [FCS.IR.1.A](#)

Beginning (b)

- 1 Identify social skills. [FCS.IR.1.A.B.1](#)
- 2 Identify stages of the life cycle. [FCS.IR.1.A.B.2](#)
- 3 Compare the difference between stable and unstable relationships. [FCS.IR.1.A.B.3](#)
- 4 Identify examples of healthy and unhealthy relationships. [FCS.IR.1.A.B.4](#)
- 5 Identify resources for handling unhealthy relationships. [FCS.IR.1.A.B.5](#)
- 6 Identify effective stress management strategies. [FCS.IR.1.A.B.6](#)

Intermediate (i)

- 1 Practice social skills that lead to effective school and family relationships. [FCS.IR.1.A.I.1](#)
- 2 Describe the stages of the family life cycle and the changes each can present for a family. [FCS.IR.1.A.I.2](#)
- 3 Describe the effects of stable and unstable relationships. [FCS.IR.1.A.I.3](#)
- 4 Identify factors that lead to healthy and unhealthy relationships. [FCS.IR.1.A.I.4](#)
- 5 Summarize skills and resources for handling unhealthy relationships. [FCS.IR.1.A.I.5](#)
- 6 Demonstrate effective stress management strategies. [FCS.IR.1.A.I.6](#)

Advanced (a)

- 1 Analyze processes for building and maintaining interpersonal relationships. **FCS.IR.1.A.A.1**
- 2 Predict the effects of various stages of the family life cycle on interpersonal relationships. **FCS.IR.1.A.A.2**
- 3 Compare physical, emotional, spiritual, and intellectual functioning in stable and unstable relationships. **FCS.IR.1.A.A.3**
- 4 Analyze factors that contribute to healthy and unhealthy relationships. **FCS.IR.1.A.A.4**
- 5 Analyze processes for handling unhealthy relationships. **FCS.IR.1.A.A.5**
- 6 Demonstrate stress management strategies for family, work, and community settings. **FCS.IR.1.A.A.6**
- 3 Define selfesteem, self-concept, and self-image. **FCS.IR.1.B.B.3**
- 5 Identify personal needs in a relationship. **FCS.IR.1.B.B.5**
- 4 Identify lifespan events. **FCS.IR.1.B.B.4**

Beginning (b)

- 2 Identify personal needs. **FCS.IR.1.B.B.2**
- 1 Identify qualities and skills necessary to build and maintain friendships. **FCS.IR.1.B.B.1**

B Analyze personal needs and characteristics and their effects on interpersonal relationships. **FCS.IR.1.B**

Intermediate (i)

- 1 Demonstrate skills necessary to build and maintain friendships. **FCS.IR.1.B.I.1**
- 2 Describe the effects of personal needs on relationships. **FCS.IR.1.B.I.2**
- 3 Describe selfesteem, self-concept, and self-image effects on relationships. **FCS.IR.1.B.I.3**
- 4 Discuss lifespan events and their impact on relationships. **FCS.IR.1.B.I.4**
- 5 Demonstrate personal qualities that demonstrate caring, respectful relationships. **FCS.IR.1.B.I.5**

Advanced (a)

- 1 Analyze the effects of personal characteristics on relationships. **FCS.IR.1.B.A.1**
- 2 Analyze the effect of personal needs on relationships. **FCS.IR.1.B.A.2**
- 3 Analyze the effects of self-esteem, self-concept, and selfimage on relationships. **FCS.IR.1.B.A.3**
- 4 Analyze the effects of lifespan events and the conditions on relationships. **FCS.IR.1.B.A.4**
- 5 Explain personal standards and qualities that impact interpersonal relationships. **FCS.IR.1.B.A.5**

C Demonstrate communication skills that contribute to positive relationships. FCS.IR.1.C

Intermediate (i)

- 1 Demonstrate different communication styles. FCS.IR.1.C.I.1
- 2 Determine appropriate communication strategies for use in varied situations. FCS.IR.1.C.I.2
- 3 Demonstrate effective listening and feedback techniques. FCS.IR.1.C.I.3
- 4 Describe communication barriers in school and family settings. FCS.IR.1.C.I.4
- 5 Compare and contrast ethical principles of communication in family, community, and work settings. FCS.IR.1.C.I.5
- 6 Describe the effects of communication technology on family, work, and community settings. FCS.IR.1.C.I.6
- 7 Demonstrate different communication roles people encounter in a community. FCS.IR.1.C.I.7

Advanced (a)

- 1 Analyze communication styles and their effects on relationships. FCS.IR.1.C.A.1
- 2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication. FCS.IR.1.C.A.2
- 3 Analyze effective listening and feedback techniques that contribute to positive relationships. FCS.IR.1.C.A.3
- 4 Analyze strategies to overcome communication barriers in family, community, and work settings. FCS.IR.1.C.A.4
- 5 Apply ethical principles of communication in family, community, and work settings. FCS.IR.1.C.A.5
- 6 Analyze the effects of communication technology on family, work, and community settings. FCS.IR.1.C.A.6
- 7 Analyze the roles and functions of communication in family, work, and community settings. FCS.IR.1.C.A.7

D Evaluate effective conflict prevention and management techniques. FCS.IR.1.D

Beginning (b)

- 1 Introduce techniques to express emotions. [FCS.IR.1.D.B.1](#)
- 2 Describe similarities and differences among people. [FCS.IR.1.D.B.2](#)
- 3 Describe conflict resolution skills. [FCS.IR.1.D.B.3](#)
- 4 Identify strategies to resist peer pressure. [FCS.IR.1.D.B.4](#)
- 5 Identify forms of harassment, and choose effective responses to harassment in a variety of family and school situations. [FCS.IR.1.D.B.5](#)
- 6 Identify school and community resources that support conflict prevention and management. [FCS.IR.1.D.B.6](#)

Intermediate (i)

- 1 Explore skills to express emotions and resolve differences and conflict in school and family relationships. [FCS.IR.1.D.I.1](#)
- 2 Describe similarities and differences among people that cause conflict and promote unity. [FCS.IR.1.D.I.2](#)
- 3 Apply conflict resolution skills that lead to building healthy relationships. [FCS.IR.1.D.I.3](#)
- 4 Apply strategies to resist peer pressure. [FCS.IR.1.D.I.4](#)
- 5 Demonstrate effective ways to respond to harassment. [FCS.IR.1.D.I.5](#)
- 6 Analyze school and community resources available for conflict prevention and management. [FCS.IR.1.D.I.6](#)

Advanced (a)

- 1 Analyze the origin and development of attitudes and behaviors regarding conflict. [FCS.IR.1.D.A.1](#)
- 2 Explain how similarities and differences among people affect conflict prevention and management. [FCS.IR.1.D.A.2](#)
- 3 Apply the roles of decision-making and problem-solving in reducing and managing conflict in nonviolent ways. [FCS.IR.1.D.A.3](#)
- 4 Evaluate the role of peer pressure across the lifespan. [FCS.IR.1.D.A.4](#)
- 5 Demonstrate nonviolent strategies that address conflict. [FCS.IR.1.D.A.5](#)
- 6 Identify forms of harassment, and choose effective responses to harassment in a variety of family and school situations. [FCS.IR.1.D.A.6](#)

E Demonstrate teamwork and leadership skills in the family, workplace, and community. [FCS.IR.1.E](#)

Beginning (b)

- 1 Identify roles within a team. [FCS.IR.1.E.B.1](#)
- 2 Identify strategies to build trust within a group. [FCS.IR.1.E.B.2](#)
- 3 Identify personal strengths and limitations. [FCS.IR.1.E.B.3](#)
- 4 Identify techniques that create team and community spirit. [FCS.IR.1.E.B.4](#)
- 5 Identify individual responsibilities of a team. [FCS.IR.1.E.B.5](#)
- 6 Identify ways to include new members in a group. [FCS.IR.1.E.B.6](#)
- 7 Develop techniques for cooperating and compromising. [FCS.IR.1.E.B.7](#)

Intermediate (i)

- 1 Demonstrate roles within a team that encourage communication. [FCS.IR.1.E.I.1](#)
- 2 Demonstrate strategies to motivate, encourage, and build trust among group members. [FCS.IR.1.E.I.2](#)
- 3 Identify strengths and limitations of individuals within a group. [FCS.IR.1.E.I.3](#)
- 4 Develop techniques that create team and community spirit. [FCS.IR.1.E.I.4](#)
- 5 Demonstrate ways to delegate responsibilities. [FCS.IR.1.E.I.5](#)
- 6 Discuss strategies to integrate new members into a team. [FCS.IR.1.E.I.6](#)
- 7 Explain techniques for cooperating, compromising, and collaborating. [FCS.IR.1.E.I.7](#)

Advanced (a)

- 1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members. [FCS.IR.1.E.A.1](#)
- 2 Analyze effective strategies to motivate, encourage, and build trust among group members. [FCS.IR.1.E.A.2](#)
- 3 Demonstrate strategies that use the strengths and minimize the limitations of team members. [FCS.IR.1.E.A.3](#)
- 4 Demonstrate techniques that develop team and community spirit. [FCS.IR.1.E.A.4](#)
- 5 Demonstrate strategies used to organize and delegate responsibilities. [FCS.IR.1.E.A.5](#)
- 6 Create strategies to integrate new members into a team. [FCS.IR.1.E.A.6](#)
- 7 Demonstrate processes for cooperating, compromising, and collaborating. [FCS.IR.1.E.A.7](#)

F Demonstrate standards that guide behavior in interpersonal relationships. [FCS.IR.1.F](#)

Beginning (b)

- 1 Define ethics relative to a variety of family and community scenarios. **FCS.IR.1.F.B.1**
- 2 Identify critical-thinking skills. **FCS.IR.1.F.B.2**
- 3 Role-play appropriate behaviors in a variety of settings. **FCS.IR.1.F.B.3**
- 4 Identify pros and cons for a specific issue. **FCS.IR.1.F.B.4**

Intermediate (i)

- 1 Compare and contrast ethical criteria. **FCS.IR.1.F.I.1**
- 2 Discuss ethical guidelines when assessing interpersonal issues and situations. **FCS.IR.1.F.I.2**
- 3 Practice critical thinking and ethical standards in home and school situations. **FCS.IR.1.F.I.3**
- 4 Discuss opposing points of current ethical issues. **FCS.IR.1.F.I.4**

Advanced (a)

- 1 Apply critical thinking and ethical criteria to evaluate interpersonal relationships. **FCS.IR.1.F.A.1**
- 2 Apply ethical guidelines when assessing interpersonal issues and situations. **FCS.IR.1.F.A.2**
- 3 Apply critical thinking and ethical standards when making judgments and taking action. **FCS.IR.1.F.A.3**
- 4 Compare the relative merits of opposing points of view regarding current ethical issues. **FCS.IR.1.F.A.4**

Recognize different communication styles. **FCS.IR.1.C.B.1**

- 1 Recognize different communication styles.** **FCS.IR.1.C.B.1**

Identify effective communication strategies. **FCS.IR.1.C.B.2**

- 2 Identify effective communication strategies.** **FCS.IR.1.C.B.2**

Identify effective listening techniques. **FCS.IR.1.C.B.3**

- 3 Identify effective listening techniques.** **FCS.IR.1.C.B.3**

Identify communication barriers in school and family settings. **FCS.IR.1.C.B.4**

- 4 Identify communication barriers in school and family settings.** **FCS.IR.1.C.B.4**

Role-play ways in which individuals respect the

- 5 Role-play ways in which individuals respect the rights of others.** **FCS.IR.1.C.B.5**

rights of
others. FCS.IR.1.C.B.5

Identify communication
technology. FCS.IR.1.C.B.6

6 Identify communication technology. FCS.IR.1.C.B.6

Identify the roles that
people play in the
communication
process. FCS.IR.1.C.B.7

7 Identify the roles that people play in the communication process. FCS.IR.1.C.B.7