Tennessee School Counseling

Grades K-12

Academic Standards

AA. Attitudes: AA

1. Improve academic self-concept AA1
2. Display positive attitude toward work and learning AA2
3. Develop high expectations for achievement AA3
4. Apply self-motivation and self-direction to learning AA4
5. Model a sense of belonging in the school environment AA5
6. Build aspirations for postsecondary education and training AA6

AK. Knowledge: AK

1. Specify high school graduation requirements, including pathway of study AK1
2. Describe the benefits of education for career, life management, and personal and professional satisfaction AK2
3. Articulate belief that postsecondary education and life-long learning are necessary for long-term career success AK3

AS. Skills: AS

1. Use test-taking, time management, organizational, and study skills to improve academic achievement AS1
2. Work independently AS2
3. Develop and practice effective technology skills AS3
4. Utilize resources to overcome barriers to learning AS4
5. Exhibit creativity AS5
6. Set, evaluate progress toward, and achieve long and short term goals AS6
7. Demonstrate critical thinking and decision making skills to make informed decisions AS7

AE. Experiences: AE

1. Experience academic growth and success AE1
2. Engage and persevere in challenging coursework AE2
3. Create a secondary educational plan that includes transition to postsecondary education and the workforce AE3
4. Participate in enrichment or extracurricular activities AE4

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Social and Emotional Development Standards

SA. Attitudes: SA

1. Develop positive attitudes toward self as a unique and worthy person SA1
2. Develop positive attitudes toward others as unique and worthy people SA2
3. Respect diversity in culture, perspectives, values, and experiences SA3
4. Recognize each person is a part of a diverse local and global community SA4

SK. Knowledge: SK

1. Develop and articulate personal values, attitudes, and beliefs SK1
2. Compare and contrast healthy and unhealthy behaviors SK2
3. Distinguish appropriate behaviors for a variety of settings and situations SK3

SS. Skills: SS

1. Make ethical decisions and practice social responsibility SS1
2. Advocate for self in multiple settings using assertiveness skills SS2
3. Demonstrate empathy toward others SS3
4. Effectively collaborate with others, cooperate with diverse perspectives, and communicate effectively in a variety of situations SS4
5. Exercise personal safety skills, including refusal skills SS5
6. Assume responsibility for choices and consequences SS6
7. Positively manage behavior and choices by applying self-discipline and self-control SS7
8. Persevere through challenges to achieve goals SS8
9. Select and utilize appropriate coping skills in the face of a specific challenge SS9
10. Appropriately utilize social media to enhance learning, develop positive relationships, communicate, and engage in age appropriate entertainment SS10

SE. Experiences: SE

1. Participate in service projects, service learning, and/or philanthropic activities SE1
2. Work effectively in diverse groups by developing and employing leadership and teamwork skills SE2
3. Explore cultural, ethnic, philosophical, or demographical differences in a safe, positive, and nurturing environment SE3
4. Create and sustain positive, supportive, and appropriate relationships with peers and adults that support success SE4

College and Career Re

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CA. Attitudes: CA

1. Develop and articulate postsecondary education and career aspirations CA1
2. Articulate that career development occurs across the lifespan CA2

3 Reflect on progress toward goals, display a growth mindset, and accept feedback to improve knowledge, skills, and abilities in order to meet goals CA3

CK. Knowledge: CK

1 Research and appraise characteristics of a variety of traditional and nontraditional occupations CK1

2 Articulate how personal abilities, skills, interests, and motivations influence values, choices, and plans CK2

3 Articulate the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace CK3

4 Research and summarize the education and training needed to achieve specified career goals CK4

5 Examine and utilize resources for college affordability planning CK5

6 Research, select, and participate in postsecondary admissions and scholarship applications processes CK6

CS. Skills: CS

1 Develop skills to locate, evaluate and interpret career information CS1

2 Balance school, home, and community activities effectively CS2

3 Utilize internal and external resources to manage transitions and adapt to changing situations/responsibilities CS3

4 Communicate effectively using oral, written, and listening communications skills CS4

5 Set clear, ambitious, and obtainable postsecondary goals CS5

CE. Experiences: CE

1 Participate in career and postsecondary institution exploration activities CE1

2 Assess and modify educational plan to support changes in educational and career goals CE2

3 Pursue and develop competency in areas of career interest CE3

4 Participate in college and career assessments CE4

5 Complete the FAFSA CE5

6 Submit at least one postsecondary education, training, or workplace application; participate in TN-Promise program, if applicable CE6