Arizona Physical Education

Grade 2

Adopted 2015

The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

- **a.** Skips using a mature pattern. S1.E1.2.A
- **a.** Runs with a mature pattern. S1.E2.2.A
- **a.** Demonstrates 4 of the 5 critical elements for jumping and landing in a horizontal plane using a variety of take-offs and landings S1.E3.2.A
- **b.** Demonstrates 4 of the 5 critical elements for jumping and landing in a vertical plane S1.E3.2.B
- **a.** Performs a teacher and/or student designed rhythmic activity with correct response to simple rhythms. S1.E4.2.A
- **a.** Balances on different bases of support, combining levels and shapes S1.E6.2.A
- **b.** Balances in an inverted position with stillness and supportive base S1.E6.2.B
- **a.** Transfers weight from feet to different body parts/bases of support for balance and/or travel S1.E7.2.A
- **b.** Rolls in different directions with either a narrow or curled body shape S1.E7.2.B
- **a.** Differentiates among twisting, curling, bending, and stretching. S1.E8.2.A
- **b.** Performs various activities that involve crossing the mid-line. S1.E8.2.B
- **a.** Combines balances and transfers into a three-part sequence, i.e., dance or gymnastics. S1.E9.2.A
- **a.** Throws underhand using a mature pattern. S1.E10.2.A
- **a.** Throws overhand demonstrating 2 of the 5 critical elements of a mature pattern. S1.E11.2.A
- **a.** Catches various sizes of balls self-tossed or tossed by a skilled thrower. S1.E12.2.A
- **b.** Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body. S1.E12.2.B

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	a. Dribbles in self-space with preferred hand demonstrating a mature pattern. S1.E13.2.A
	b. Dribbles using preferred hand while in general space. S1.E13.2.B
	a. Dribbles with feet in general space with control of ball and body. S1.E14.2.A
	a. Uses a continuous running approach and kicks a moving ball, demonstrating 3 of the 5 critical elements of a mature pattern. S1.E17.2.A
	a. Volleys an object upward with consecutive hits. S1.E18.2.A
	a. Strikes and object upward with a short-handled implement, using consecutive hits. S1.E20.2.A
	a. Strikes a ball off a tee or cone with a bat, using correct grip and side-orientation/proper body orientation. S1.E21.2.A
	a. Jumps a self-turned (short) rope forward and backward with a mature form. S1.E22.2.A
	b. Jumps a long rope consecutively with student and/or teacher turners. S1.E22.2.B
The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.	a. Combines locomotor skills in general and self-space to a rhythm. S2.E1.2.A
	a. Combines shapes, levels and pathways into simple travel, dance, and gymnastic sequences. S2.E2.2.A
	a. Varies time and force with gradual increases and decreases. S2.E3.2.A
The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	a. Describes large motor and/or manipulative physical activities for participation outside of physical education class. (e.g., before and after school, at home, at the park, with friends, with family). S3.E1.2.A
	a. Actively engages in physical education class in response to instruction and practice. S3.E2.2.A
	a. Identifies the heart as a muscle that gets stronger with exercise, play, and physical activity. S3.E3.2.A
	a. Uses own body resistance for developing strength S3.E4.2.A
	b. Identifies physical activities that contribute to health-related fitness S3.E4.2.B
	a. Recognizes the good health balance of nutrition and physical activity. S3.E7.2.A
Th inc	Skip to main content Accepts personal responsibility by using equipment and space appropriately with minimal teacher prompting. S4.E1.2.A

responsible personal and social behavior that respects self and others.	**b.** Accepts responsibilities by following the rules and parameters of the learning environment. S4.E1.2.B
	a. Accepts and responds appropriately to specific corrective feedback from the teacher. S4.E2.2.A
	a. Works independently with others in partner environments S4.E3.2.A
	b. Actively participates with classmates without regard to personal differences. S4.E3.2.B
	a. Recognizes the role of rules and fair play in teacher designed physical activities. S4.E4.2.A
	a. Works independently and safely in physical education. S4.E5.2.A
	b. Work safely with physical education equipment. S4.E5.2.B
	a. Recognizes sun safe practices S4.E6.2.A
	b. Recognizes aquatic safety practices S4.E6.2.B
The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.	**a.** Recognizes the value of good health balance. S5.E1.2.A
	a. Compares physical activities that build confidence and provide challenge. S5.E2.2.A
	a. Identifies and discusses physical activities that provide enjoyment and/or self-expression. S5.E3.2.A
	a. Demonstrates socially acceptable conflict resolution skills. S5.E4.K-2.A