Arkansas CTE

Parenting: Grades 9, 10, 11, 12

Adopted 2009

The Parenthood Decision

1.1 Define terms related to the parenthood decision

1. Apply terms in context 1.1.1

1.2 Classify types of parents

1. Compare and contrast characteristics of parenting types 1.2.1

1.3 State factors to consider in making a parenthood decision

1. Develop a checklist of personal qualities needed for effective parenting 1.3.1
2. Examine effects of parenthood on marriage and personal relationships 1.3.2

1.4 List types of family structures with components of each
Blended
Foster
Nuclear
Single

1. Chart types of family structures with components of each 1.4.1
2. Examine the impact of an additional child within each family structure 1.4.2

1.5 List the costs related to having and raising a child

1. Determine the financial cost of having and raising a child 1.5.1
2. Research the cost of teen pregnancies to society 1.5.2

1.6 Name reasons for family planning

1. Examine reasons for family planning
To determine the number and spacing of children
To allow for a couples' physical, emotional, and financial readiness 1.6.1

1.7 List factors that influence family planning decisions

1. Investigate options for infertile couples 1.7.1
2. Analyze legal and ethical impacts of current and emerging technology on fertility and family planning 1.7.2

1.8 Describe the purpose of genetic counseling

1. Identify reasons for seeking genetic counseling
Family history of genetic disorders
Previous birth of a child with a genetic disorder
Personal choice based on age or some other risk factor 1.8.1

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Child Growth and Development

2.1 Define terms related to child growth and development

1. Apply terms in correct context 2.1.1

**2.2 List the five basic types of development
Physical
Intellectual
Social
Emotional
Moral
**

1. Define and give examples of the five basic types of development 2.2.1

**2.3 Match the stages in the individual life cycle with the correct age ranges from birth through adolescence
Infant (birth - 1)
Toddler (1-3)
Preschool (3-5)
School age (5-12)
Adolescence (12-18)
**

1. Chart the stages in the individual life cycle with the correct age ranges from birth through adolescence 2.3.1

**2.4 Identify ways children learn<ol type="a">
Directed learning
Imitation
Incidental learning
Trial and error learning
**

1. Describe the role of play in learning 2.4.1

**2.5 Identify ways parents can promote physical development<ol type="a">
Insure adequate sleep
Provide nutritious foods
Provide opportunities for physical play and exercise
Teach and encourage self care routines
**

1. Use current resources to identify milestones of physical development for children from birth through adolescence 2.5.1
2. Give examples of ways parents can promote physical development from birth through adolescence 2.5.2

**2.6 Identify ways parents can promote intellectual development<ol type="a">
Encourage exploration
Limit screen time
Provide positive interaction and communication
Read to and with children
Stimulate creativity and imagination
**

1. Use current resources to identify milestones of intellectual development for children from birth through adolescence 2.6.1
2. Give examples of ways parents can promote intellectual development for children from birth through adolescence 2.6.2

**2.7 Identify ways parents can promote social development<ol type="a">
Bond with children
Provide opportunities for peer interaction
Teach conflict resolution
**

1. Use current resources to identify milestones of social development for children from birth through adolescence 2.7.1
2. List ways parents can promote social development for children from birth through adolescence 2.7.2

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2.8 **Identify ways parents can promote emotional development<ol type="a">
Encourage affection and empathy
Encourage independence
Encourage positive self image
Help children identify and appropriately express emotions
Model appropriate behavior within the family unit
**

1. Use current resources to identify milestones of emotional development for children from birth through adolescence `2.8.1`
2. List ways parents can promote emotional development for children from birth through adolescence `2.8.2`

2.9 **Identify ways parents can promote moral development<ol type="a">
Discuss values and morals
Provide a positive home environment
Set examples as a positive role model
Set rules
Use teachable moments
**

1. Use current resources to identify milestones of moral development for children from birth through adolescence `2.9.1`
2. List ways parents can promote moral development for children from birth through adolescence `2.9.2`

2.10 **Describe the influence of heredity and environment on child development**

1. Analyze the impact of heredity and environment on child development `2.10.1`

Parenting Skills

3.1 **Define terms related to parenting skills**

1. Apply terms in correct context `3.1.1`

3.2 **List rights and responsibilities of parents
Rights:
Choose where children live
Control care and upbringing
Make educational and medical decisions
Responsibilities:
To fulfill children's intellectual, emotional, and social needs
To meet basic needs
To nurture
To promote moral development
To protect
**

1. Analyze parental rights `3.2.1`
2. Analyze parental responsibilities `3.2.2`

3.3 **List rights and responsibilities of children
Rights
Adequate standard of living
Age-appropriate rules set by caring parents
Freedom from discrimination
Healthy and safe environment
Highest possible standard of health
Education
Expression of personal feelings
Protection from abuse and neglect
Responsibilities
To abide by their parents' rules
To be trustworthy and honest
To care for possessions
To show respect
**

1. Analyze rights of children `3.3.1`
2. Analyze responsibilities of children `3.3.2`

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**3.4 Describe parenting styles
Authoritarian
Democratic
Permissive
**

1. Compare parenting styles `3.4.1`

3.5 Explain the importance of parents as positive role models

1. Compile traits of a positive role model `3.5.1`

3.6 Describe the importance of a nurturing environment

1. Determine ways to promote a positive self concept in children `3.6.1`
2. Determine the relationship between nurturing and the fulfillment of potential `3.6.2`

3.7 Explain the role of guidance, discipline, and punishment in parenting roles

1. Compare and contrast guidance, discipline, and punishment `3.7.1`

3.8 Identify guidance techniques for promoting positive behavior

1. Provide examples of promoting positive behavior for each of the following techniques:
Positive reinforcement
Negative reinforcement
Self-control `3.8.1`

3.9 Name roles parents play in children's education

1. Explain ways parents can be actively involved in their child's education<ol type="a">
Take advantage of teachable moments
Provide encouragement
Facilitate adjustments to school
Provide a homework friendly environment
Interact with child's teachers `3.9.1`

**3.10 Name guidelines for establishing a strong family unit<ol type="a">
Build trust
Demonstrate respect
Express love and acceptance
Practice effective communication
Share family rituals and traditions
Spend time together
**

1. Compare and contrast strong families versus dysfunctional families `3.10.1`

Promoting Health and Safety of Children

4.1 Define terms related to promoting health and safety of children

1. Apply terms in correct context `4.1.1`

4.2 List general guidelines for child-proofing the home

1. Identify potential hazards within various scenarios `4.2.1`

**4.3 Name common childhood illnesses<ol type="a">
Allergies
Asthma
Common cold
Diarrhea
Ear infection
Fever
Influenza
Sore throat
**

1. Explain care required for common childhood illnesses `4.3.1`

4.4 Describe medical checkups and immunizations

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1. Chart a schedule of routine checkups and immunizations from birth to age 18 4.4.1

4.5 Designate appropriate care for injuries

1. Demonstrate first aid for minor injuries 4.5.1
2. Explain first aid for medical emergencies 4.5.2

4.6 Explain car seat guidelines for children of various ages

1. Research child vehicle safety restraint laws 4.6.1

4.7 Describe child abuse and neglect

1. List causes of child abuse and neglect 4.7.1
2. List symptoms of child abuse and neglect 4.7.2
3. Outline procedures for reporting suspected abuse and neglect 4.7.3

Parenting Challenges

5.1 Define terms related to parenting challenges

1. Apply terms in correct context 5.1.1

**5.2 Name specific concerns of a new parent<ol type="a">
Care and safety of the
Changes in routine
Financial adjustments
New roles and responsibilities
Postpartum depression
**

1. Assess concerns a new parent may face 5.2.1

**5.3 List concerns unique to teen parents
Education
Finances
Health
Social changes
Personal goals
**

1. Analyze specific concerns of teen parents 5.3.1

**5.4 List concerns unique to adult single parents
Establishing a support network
Lack of quality time with the
Unique financial challenges
**

1. Analyze specific concerns of adult single parents 5.4.1

**5.5 List concerns unique to dual-career families
Division of labor
Balancing work and family
**

1. Analyze specific concerns of dual-career families 5.5.1

**5.6 List factors that influence child care decisions
Age of child
Cost of care
Hours of operation
Location
Parental values
Quality
**

1. Identify characteristics of quality child care<ol type="a">
Adequate space and equipment
Adult-child ratio
Licensing and accreditation
Qualifications of director and staff
Safety and security 5.6.1

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2. Evaluate child care options<ol type="a">
Center based
Employer sponsored www.arkansas.gov/childcare
Family child care
Faith based
Home based
In Home care 5.6.2

5.7 Discuss challenges of parenting a special needs child

1. Explain challenges of parenting a special needs child 5.7.1
2. Outline appropriate response to a special needs diagnosis
Act on diagnosed condition
Educate family
Find support 5.7.2

**5.8 Describe parenting strategies to help children cope with crises
Listen to fears and worries
Maintain routines
Provide support
Remain calm
Seek outside help if needed
**

1. Role play strategies to help children cope with crises 5.8.1

**5.9 List resources available for parents facing challenges
Clergy members
Family members and friends
Public or private agencies
Support groups
Teachers
**

1. Compile a list of resource information available in your community to assist parents facing challenges 5.9.1

Careers in Child and Family Services

6.1 Define terms related to careers in child and family services

1. Apply terms in correct context 6.1.1

**6.2 Identify trends affecting child care careers
Advances in technology
Emphasis on early childhood education
Focus on quality child care
Increase in dual-career families
Increase in single parent
**

1. Evaluate the impact of current trends on child care centers 6.2.1

6.3 List career opportunities involving work with children and families

1. Research a career involving work with children and families 6.3.1