

Dance: Grade 1

Adopted 2006

Produce

Demonstrate movement in various tempos, rhythms, and meters.

Combining various tempos

Demonstrate the element of space through movement involving size, level, shape, direction, and pathways.

Demonstrating laterality

Demonstrating isolated movements of various body parts

Demonstrate movement that has a relationship to a person, place, or object.

Demonstrating leading, following, mirroring, and sculpturing

Create movement with varying degrees of energy.

Creating sequences with a beginning, middle, and end

Improvising movement based on concepts, ideas, and feelings

Demonstrate proper body alignment for the head, shoulders, hips, and feet while standing.

Demonstrate basic even and uneven locomotor movements.

Respond

Describe movement that reflects contrasting elements of time, space, and energy.

Identifying beginning, middle, and end of movement sequences

Relating movement to concepts, ideas, and feelings

Identify movement qualities in music.

Identify choreographic elements in a dance.

Understand

Demonstrate the ability to move safely through general space without touching others.

Demonstrating locomotor movements safely while holding hands with a partner

Demonstrate traditional American dances in various cultures.

Describing the use of the Internet to discover traditional dances

Explain how adequate rest, nutrition, and exercise affect dancers.

Demonstrate concepts from other content areas through movement.